D-coding the nudity in GAME OF THRONES

metroLIFE

DUFFY CLEARED OF ALL CHARGES metroNEWS

Ottawa metro

Your essential daily news | WEEKEND, APRIL 22-24, 2016 | High 18°C/Low -2°C Rain

Prince

Sudden death, lasting legacy of an icon

1958 — 2016

metroLIFE

Prince performs at the Met Center in Minneapolis in 1983. DAVID BREWSTER/STAR TRIBUNE VIA AP

Ottawa bracing for child-care subsidy shortfall

BUDGET PRESSURE

260 fewer spaces, increase in wait-list to 1,200: Report

Lucy Scholey
Metro | Ottawa

Ottawa is bracing for a "gathering storm" in child-care services, as the city grapples with a $2.2 million funding shortfall this year.

Those were the words Coun. Diane Deans, chair of the community and protective services, used to describe the city's child-care services during committee on Thursday.

City staff were expecting a $1.2-million provincial funding boost for child-care fee subsidy this year. Instead, that pool was cut by $1 million. The resulting $2.2 million in pressures means there will be 260 fewer subsidized spaces and an increase in the fee subsidy wait-list to over 1,200 people, according to a city report.

Staff are proposing the city use $5.7 million from reserve funds to ease that budget shortfall and cover another $3.5 million in emergency bridge funding as child-care centres transition to a new provincial licensing model.

These provincial changes may affect Beausoleil, a francophone daycare centre in Lowertown.

The facility closed temporarily for repairs last summer. Now parents are hearing that it may not reopen this fall as a municipally run centre. Ottawa Community Housing (OCH), which runs that building, will issue an expression of interest for that site to run a francophone daycare, said Aaron Burry, general manager of community and social services.

"We don't actually have a lease on the space and, from what we do know from the province, it will be a brand new licence."

SLEEP DAYS ONLY ONCE A YEAR

CANADA'S LOWEST PRICES ON 50 MODELS

PLUS

THE BEST SERVICES AND GUARANTEES ARE ALL INCLUDED!

KINGSDOWN

POCKET COIL

Tempered individaully wrapped pocket coils. All seasons cool technology
Foam encasement. A sell-out every week. Luxury firm support

QUEEN Set ~~$1749~~ **$699** 10 YEAR GUARANTEE

Also Twin – Full – King and Mattress only

Beautyrest

WORLD CLASS

1000 Pocket Coils. Air cool memory foam. Silkblend comfort layer.
Foam encasement. Gel foam and energy foam

QUEEN Set ~~$1999~~ **$999** 10 YEAR GUARANTEE

Also Twin – Full – King and Mattress only

VIEW ALL THE GREAT DETAILS AND ALL THE PRICES

BBB Better Business Bureau Honour Roll

Mattress Mart.ca

ALL WEEK
TIL 9
SATURDAY
9-6
SUNDAY
11-5

CANADA'S Sleep Showcase™

60 COLONADE RD.
SUPERSTORE & WAREHOUSE
Off Merivale Rd.
or off Prince of Wales
Just North of Hunt Club
613-723-8634

KANATA
ACROSS FROM SOBEY'S
By McDonald's
Hazeldean Rd.
at Terry Fox
613-831-9701

ORLÉANS
10th LINE
At Innes
613-837-0404

ST. LAURENT BLVD.
AT THE 417
Right across
St. Laurent Blvd.
from the mall
613-744-7978

GATINEAU
NEW LOCATION
Maloney at
Belle Heureux
819-243-6688

metro NEWS

Your essential daily news

Getting hitched? Break out the champagne ... and break the bank. **Business**

In the end, Duffy walks

SENATE SCANDAL

Judge paints Nigel Wright as a 'ruthless' chess master

The once-towering case against Sen. Mike Duffy collapsed utterly Thursday as a judge cleared the man at the centre of the long-running Senate expense scandal — and delivered a scathing indictment of the "ruthless" tactics of the Prime Minister's Office under Stephen Harper.

Duffy celebrated with hugs from friends and hearty handshakes with his lawyers after Ontario Court Justice Charles Vaillancourt spent the better part of the day burnishing the controversial senator's long-tarnished reputation.

Duffy left the court without speaking to reporters, but his counsel, Donald Bayne, called it "a resounding acquittal."

"I would say that Sen. Duffy has been subjected for the last two and half, three years, to more public humiliation than probably any Canadian in history," said Bayne.

When it came to the political operatives around the former prime minister, notably Harper's former chief of staff Nigel Wright, Vaillancourt did not mince words.

"Was Nigel Wright actually ordering senior members of the Senate around as if they were mere pawns on a chess board?" Vaillancourt asked.

"Were those same senior members of the Senate meekly acquiescing to Mr. Wright's orders? Were those same senior members of the Senate robotically marching to recite their scripted lines?

"Did Nigel Wright really direct the senator to approach a senior member of an accounting firm that was conducting an independent audit of the Senate to get a peek at the report or part of the report prior to its release to appropriate Senate authorities or to influence that report in any way?

> **The precision and planning of this exercise would make any military commander cry.** Justice Charles Vaillancourt

"Does the reading of these emails give the impression that Sen. Duffy was going to do as he was told or face the consequences?"

Yes, Vaillancourt concluded, citing a number of email communications that were entered into evidence.

"The precision and planning of this exercise would make any military commander cry," he said. "In the context of a democratic society, the plotting revealed in the emails can only be described as unacceptable."

After 62 days of hearings, Vaillancourt's long-awaited decision was a systematic dismantling of the Crown's case, starting with a raft of charges stemming from his travel expense claims and his residency declaration — an issue of direct relevance to Duffy's eligibility to represent P.E.I.

Vaillancourt — who did not explicitly state why he was dismissing some charges and finding Duffy not guilty on others — described the senator as a "credible witness" and cast doubt on the Crown's allegations.

"This case provided me with ample opportunity to assess the credibility of Sen. Duffy," he said. "He was on the stand for many hours; at the end of the day I find that Sen. Duffy is an overall credible witness."

He declared Duffy to have shown no criminal or "sinister" intent — save perhaps for some opportunism — in filing his expense claims.

THE CANADIAN PRESS

Left: Sen. Mike Duffy leaves the Ottawa courthouse at the conclusion of his trial. JUSTIN TANG/THE CANADIAN PRESS
Top: Duffy, left, and Justice Charles Vaillancourt in court on Thursday. GREG BANNING/THE CANADIAN PRESS
Bottom: Duffy's lawyer Donald Bayne speaks with media after Duffy was acquitted on all charges. ADRIAN WYLD/THE CANADIAN PRESS

Borrow up to $5,000.*

For life's little big things.

We can help. Money Mart®

*Installment loans offered in select provinces only. See moneymart.ca for details. Loan principal amounts vary between $1,000 and $5,000 based upon income and other qualification requirements, including a credit check. Loan terms available depend on amount borrowed. See store associate for details. Loans have terms of 12 to 36 months with payments due on scheduled income deposits during the term. The APR for the loans is 59.9%. MONEY MART® is a registered service mark of National Money Mart Company. © 2016 National Money Mart Company. All Rights Reserved.

5 THINGS TO DO IN OTTAWA THIS WEEKEND

It's going to be cool and sunny in the capital this weekend — not quite picnic weather, but we have five other things to check out.

Haley Ritchie
Metro | Ottawa

FREEIMAGES/JEFF JONES

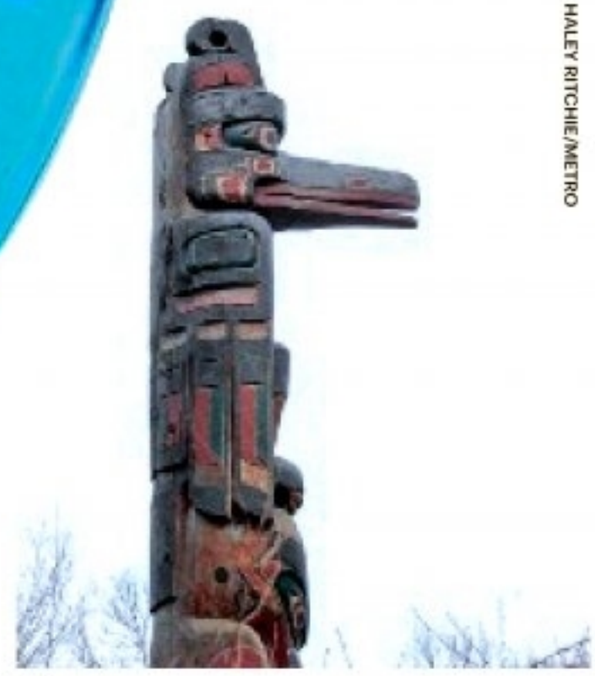
1 Bate Island surf jam (Saturday)

It's the Ottawa River's first-ever organized surf contest this Saturday on Bate Island. The final heat will consist of five top surfers from Ottawa, Montreal and Toronto ready to hit the chilly spring waves. The event starts at 9:30 a.m. and David's Tea will be on site to warm up surfers and observers. The location is dependent on water level; so follow the Surf Side and Catch Surf event on Facebook for last-minute changes.

FREEIMAGES/FLITCROFT

2 Game & Art Expo (Sunday)

The Ottawa International Game Conference is hosting this free and public event to share what the local industry is all about. Play new games (including some yet to be released), talk with developers and animators, and support local and international makers. The event starts at 9 a.m. on Sunday at the Aberdeen Pavilion at Lansdowne Park. Entry is free.



HALEY RITCHIE/METRO

FREEIMAGES/LAUREN ROGERS

3 Vintage clothing sale (all weekend)

Vintage men and women's clothing in a vintage setting? Sounds like the perfect reason to drive out to Carleton Place this weekend. The meeting room at the Carleton Place and Beckwith Heritage Museum (267 Edmund St.) will be transformed into a showroom by local retailer Vintagewear. Bring cash from 10 a.m. to 4 p.m. on Friday, Saturday and Sunday.

FREEIMAGES/IVAYLO GEORGIEV

4 Get a taste of sweet spring (Sunday)

The last indoors winter market of the year at Lansdowne Park will be a celebration of nature's sweetest goodies: honey and maple syrup.

5 Indigenous walks (Saturday)

Get to know the capital from a different perspective by joining local artist Jaime Koebel for a two-hour Indigenous walk this weekend. Saturday's walk, starting at 2 p.m. in the Ottawa Art Gallery lobby, is called "Architecture of Justice: From the Inside" and explores social, political and cultural spaces in downtown Ottawa. Contact the gallery to reserve a free spot, mvial@ottawaartgallery.ca or 613-233-8699 +228.

APRIL 22 TO APRIL 28, 2016

bay days

OUR LOWEST PRICES OF THE SEASON

FINAL WEEK
UP TO 70% OFF MATTRESS SETS

SAVE $1500
$698
Reg. $2198
SEALY Posturepedic Navigator tight top queen mattress set

SAVE $1700
$798
Reg. $2498
SEALY Posturepedic Admiral II Euro top queen mattress set

SAVE $1700
$798
Reg. $2498
SEALY Posturepedic Avison tight top queen mattress set

SAVE $2300
$1198
Reg. $3498
SEALY Posturepedic Fairmont Euro top queen mattress set

UP TO 60% OFF ALL FURNITURE

SAVE $950
$849
Reg. $1799
LONDON upholstered queen bed in pewter
Also available in king.

SAVE $2000
$1599
Reg. $3599
Lake Como 88" Italian-tanned leather sofa in coffee

BEST IN HOME
OUR SERVICE AND VALUE COMMITMENT
See below for details.

PAY NO INTEREST
No interest for two years. 24 monthly payments with Hudson's Bay Credit.

+

DOUBLE REWARDS POINTS
Earn double the Hudson's Bay Rewards points with Hudson's Bay Credit.

+

FREE DELIVERY
Free local delivery on mattresses and major appliances with the purchase of a Total Guard Protection Plan.

HUDSON'S BAY

SHOP THEBAY.COM

Savings for all offers are off our regular prices, unless otherwise specified. **HUDSON'S BAY REWARDS:** Hudson's Bay, Hudson's Bay Rewards, Hudson's Bay Credit, hbc.com and their associated designs are trademarks of Hudson's Bay Company. **SPECIAL PAYMENT PLANS:** On selected merchandise when you use your Hudson's Bay MasterCard® or your Hudson's Bay Credit Card. Minimum purchase $499 (excluding delivery charges and taxes). Delivery charges and taxes are payable up front. Applicable on in store purchases only. On approved credit only. Equal monthly payments required. Special Payment Plans are available on approved credit with your Hudson's Bay MasterCard or Hudson's Bay Credit Card on the identified items. If you default under your payment terms or under your Hudson's Bay Account Agreement, then the terms and annual interest rate are set out therein. The billing period covered by each statement will be approximately 30 days. For full details, call 1-800-263-2599 or see a store associate. Hudson's Bay, Hudson's Bay Credit, Home Outfitters, hbc.com and their associated designs are trademarks of Hudson's Bay Company. **Credit is extended by Capital One Bank (Canada Branch).** Capital One is a registered trademark of Capital One Financial Corporation, used under license. MasterCard and the MasterCard brand mark are registered trademarks of MasterCard International Incorporated.
FREE LOCAL DELIVERY: We will give you a savings equivalent to the cost of the local delivery fee. See store for details.

Thousands support call for LGBTQ youth shelter

SOCIAL SERVICES

Petition asks city to create centre for homeless

Sara Ericsson
For Metro | Ottawa

A petition calling for city council to create a shelter for homeless LGBTQ youth in Ottawa is receiving support from youth, shelters and organizations.

The petition — which collected over 5,500 signatures — one calls for Ottawa to follow the lead of Toronto, where Alex Abramovich founded Canada's first transitional housing for LGBTQ youth this past February.

Merissa Taylor-Meissner, co-founder of LGBTQ drop-in group Spectrum, experienced homelessness as a youth but had family and friends who helped her through it. She said youth that identify as LGBTQ are particularly at risk because they often face rejection from friends and family, becoming homeless as a result.

Toronto researcher Alex Abramovich stands in front of a new LGBTQ shelter in January. Abramovich's efforts to improve life for homeless LGBTQ youth bore fruit in that city. Now some people are trying to do the same for Ottawa. BERNARD WEIL/TORSTAR NEWS SERVICE

She said the shelter is needed "to create a safer space with competent services for youth who have nowhere else to go."

Lynda Franc, director of programs and services at Operation Come Home, agreed there is a need for such a shelter, and says nearly half of homeless youths in Ottawa identify as LGBTQ. She said Ottawa's youth shelters do accommodate LGBTQ youths, but that many youths still feel uncomfortable.

"In these cases, they are sometimes housed in hotels instead. This isn't a solution, though, because it isolates them even more," she said.

Sue Pihlainen, co-ordinator of Ottawa's Young Women's shelter, said trans youth in particular can feel isolated in shelters that are divided based on gender. She says staff at both the Young Women and Men's shelters meet with trans youths when they first arrive to determine which they feel most comfortable in.

These are currently Ottawa's only youth shelters. They've been accessible to LGBTQ youth since 2002, but only house a combined 32 rooms.

Pihlainen said many would feel more comfortable in an LGBTQ-specific shelter, and that it would offer more space a new shelter would offer also help.

"That would be amazing, to give youth more choice about where they can stay," she said.

RECREATION

Talk of new water park bubbling up again

Lucy Scholey
Metro | Ottawa

Over the years, the hype over a new water park in Ottawa has seen more highs and lows than a theme park ride.

But now it looks like news of Allottawata has bubbled up again.

Rick Hunter, founder of ProSlide, which is planning the water park, met with councillors Jan Harder and Scott Moffatt earlier this week to talk about site zoning. In her regular newsletter, Coun. Jan Harder wrote that the attraction park would open off Highway 416 near Barrhaven in 2018. However, a ProSlide spokesperson would not confirm the date.

ProSlide started the preliminary site planning in 2008, and planned to open in 2009, but then pushed back the date to 2014.

The Allottawata news seemed to die down when Calypso opened in 2010, attracting nearly 400,000 customers that summer. WITH FILES FROM OTTAWA BUSINESS JOURNAL

GET THE FOCUS MOST SHOPPERS BUY.
THE ONE WITH ALL OF THIS:

- 2.0L Engine
- 160 Horsepower
- Automatic Transmission
- SYNC® Enhanced Voice Recognition†
- Rear View Camera¥
- 16" Aluminum Wheels
- Air Conditioning

LEASE THE 2016
FOCUS SE

$98 EVERY 2 WEEKS | 0.79% APR* | 60 MONTHS | $1,645 DOWN

OFFER INCLUDES $1,700 IN FREIGHT AND AIR TAX

IT'S EASY TO GET INTO A FORD Shop now at findyourford.ca or drop by your Metro area Ford Dealers of Ottawa today.

Ford Go Further

Oh hey, you're looking for the legal, right? Take a look, here it is: Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible raincheckable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). *Until May 2, 2016, lease a new 2016 Ford Focus SE Auto for up to 60 months and get 0.79% APR on approved credit (OAC) from Ford Credit Canada Limited. Not all buyers will qualify for the lowest APR payment. Lease a 2016 Ford Focus SE Auto with a value of $20,186 (after $1,645 down payment or equivalent trade in and Manufacturer Rebates of $0 deducted and including freight and air tax charges of $1,700) at 0.79% APR for up to 60 months with an optional buyout of $7,216, monthly payment is $212 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of $98.01), total lease obligation is $14,386, interest cost of leasing is $524 or 0.79% APR. Offers include freight, air tax, and PPSA but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. Additional payments required for optional features, license, and insurance. All prices are based on Manufacturer's Suggested Retail Price. Some conditions and mileage restriction of 80,000km for 60 months applies. Excess kilometrage charges are 12¢per km, plus applicable taxes. Excess kilometrage charges subject to change, see your local dealer for details. ¥ Driver-assist features are supplemental and do not replace the driver's attention, judgment and need to control the vehicle. †Some mobile phones and some digital media players may not be fully compatible. Driving while distracted can result in loss of vehicle control. Only use SYNC® / MyFord Touch / other devices, even with voice commands, when it is safe to do so. SYNC with MyFord Touch voice recognition and screens available in English, French and Spanish. Some features may be locked out while the vehicle is in motion. ©2016 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2016 Ford Motor Company of Canada, Limited. All rights reserved.

SiriusXM Available in most new Ford vehicles with 6-month pre-paid subscription.

THE OUTLET

SATISFICATION GUARANTEED

SHOP FOR QUALITY BRAND NAME FURNITURE AT REAL OUTLET PRICES!

BIG SOFA SELECTION

CONTEMPORARY STYLING

SOFA $549 CHAIR $329

RECLINER

SOFA ~~$1,699~~ $999

CHAIR ~~$899~~ $559

SUPERIOR QUALITY BY AN INDUSTRY LEADER

RECLINER SECTIONALS

~~$2,999~~ SOFA $1,799

A BEST SELLER!

SUMPTUOUS COMFORT SECTIONALS

~~$2,299~~ SOFA $1,299

METAL BED

INCLUDES: HEAD, FOOT, SUPPORT DECK

$199

FUTONS

SAVE ON SETS OR FUTON MATTRESS ONLY

MANY MORE STYLES

CHAISE LONG

A BEST SELLER

~~$1,259~~

$699

MATTRESSES

MADE WITH PRIDE IN ONTARIO

ALL 2016 ... READY TO GO...

Twin (single)	$89	$129	$159	$188	$219
Full (double)	$119	$149	$179	$249	$319
Queen	$159	$199	$269	$369	$469
King	$579	$649	$729	$789	

Mattresses by Beautyrest ORTHOPEDIC KINGSDOWN Sara

SLEIGH BED

TWIN • FULL $299

INCLUDES: HEAD, FOOT, RAILS

'ANDREA' BED

BLACK OR IVORY bonded leather

QUEEN ~~$1,099~~ $629

KING ~~$1,279~~ $739

INCLUDES: HEAD, FOOT, SIDES, SUPPORT SYSTEM

Need a set? Add a boxspring 2 BOXES

Twin $90 Full $105 Queen $115 King $220

MATTRESSANDSOFAOUTLET.ca

Across from the St. Laurent Centre
Ogilvie at Cyrville Rd.

WELL WORTH THE SHORT DRIVE FROM ANYWHERE IN THE REGION

613-744-3232
LOTS OF PARKING

All week til 9
Sat. 9-6
Sun. 11-5

This night puts the 'Q' in queer

Queer Mafia resident DJ Keuro lays down some beats at an OHMYJAM party earlier this year. CONTRIBUTED

BACKSTAGE PASS

Be yourself, and free yourself, at Queer Mafia's next party Saturday

Trevor Greenway
Metro | Ottawa

It wasn't that long ago when the LGBTQ community had its own night clubs, its own dance parties, its own social circle — and those still struggling with who they were had few places to go.

Laurie Hawco was one of those lost souls. Facing the frightening endeavour of coming out in a cold world that was just barely starting to warm up to acceptance, she thought there had to be an easier way. A more open space where everyone was welcome. No gay bars, no straight bars, just parties where people could truly be themselves and feel safe doing it.

Her thinking led to the birth of Hump Wednesdays at Babylon in 2004, the first queer dance party to drop the bass in the capital city. The events were hot, showing a clear desire for queer nights at regular bars. She later founded The Queer Mafia and began throwing monthly dance parties at Babylon, which eventually took on a life of their own. But more than that, the nights became a platform for those seeking answers to their own sexuality.

They became neutral spaces where people from all walks of life could truly find themselves, without having to secretly show up to a gay bar and dance in the corner for fear of being stigmatized.

"That was one of the most beautiful parts of it, when people would come up to me and express their appreciation and gratitude for the space or sharing their coming out story that started at a hump night on a crazy Wednesday night," says Hawco.

"It's unfortunate that it has to be that way, but it's wonderful to see the change that it's not so isolating anymore."

While Hawco says Ottawa is quite accepting when it comes to the LGBTQ community, there is always room for improvement. She says that hip hop and dancehall still has a lot of homophobic tones throughout the music and Queer Mafia tries to combat that by creating non-aggressive dance floors, where everyone feels welcome getting rinsed to every genre of music they like.

"I think a lot of those spaces can sometimes be really aggressive. It's not only queer people who come out to our parties, but a lot of people from all different communities. Us, along with our patrons, are helping take away some of the angst that is there," she adds.

"There is a lot of homophobia in dancehall and hip hop so we really try and have our DJs play in a way that is a bit safer for queer people to be in the space."

This weekend's OHMYJAM party will be no different, with Queer Mafia resident DJ Keuro dropping R&B, soul, funk and hip hop all night before Toronto headliner DJ Blackcat brings in his dancehall and trap vibes to Babylon on Saturday Night.

It's the city's biggest queer jam and it's open to everyone who digs music and good times.

Queer Mafia parties are always associated with charities, whether it's sending queer kids to camp, or donating to women's shelters.

This month's party will see a portion of its funds go straight to Westfest, Westboro's premier summer music festival that lost its funding earlier this year. And while raising money for the community has been a major focus of the organization, the real value of these queer nights is providing a vehicle for curious or confused individuals to explore themselves in a safe and fun way. It wasn't always like this.

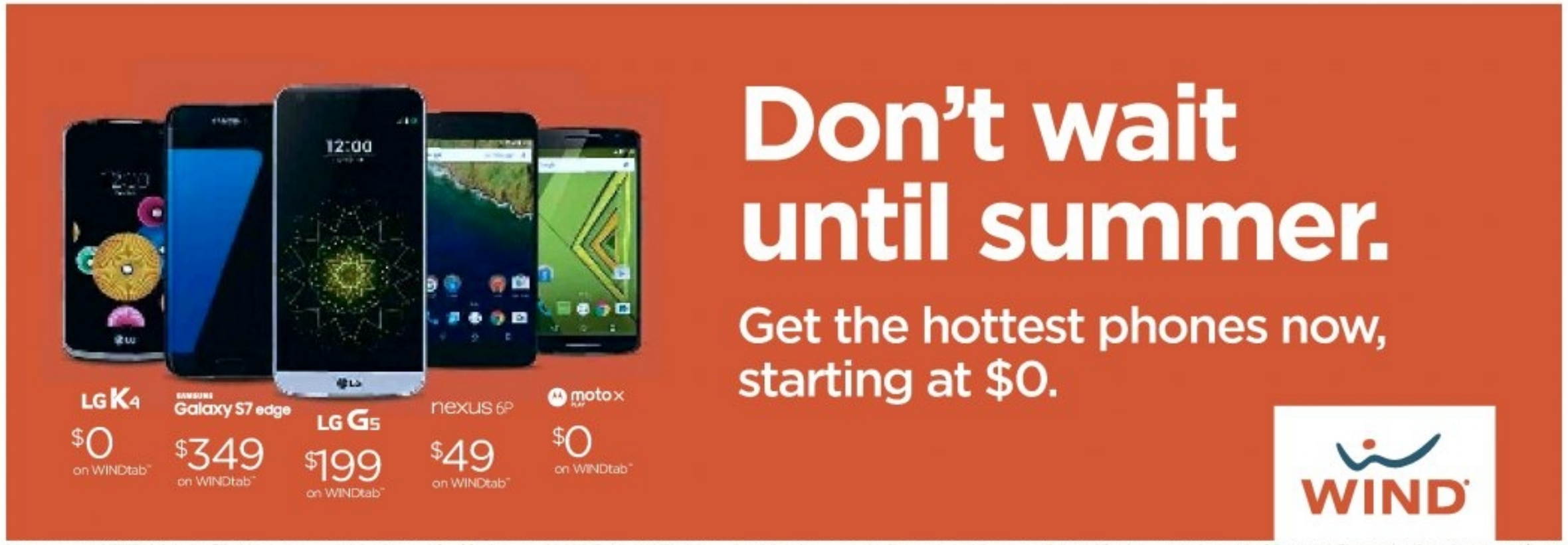
"(Hump Wednesdays) was a turning point in our community where it was the first gay event that was happening at a straight venue," adds Hawco.

"It did as much for the queer community as much as it did for LGBT community as well, just that we can share space and it doesn't have to be isolated and people are open and accepting and loving of each other."

OHMYJAM gets bumping at 10:30 p.m. with tickets just $7 or pay what you can before 11:30 p.m.

Come and just be yourself with The Queer Mafia.

> **It's not only queer people who come out to our parties, but a lot of people from all different communities.**
> Laurie Hawco



Learn more at WINDMobile.ca. Eligible devices may be activated for $0 phones with WINDtab. WINDtab terms and conditions apply. Samsung and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Canada, Inc. and/or its related entities and are used with permission. LG and the LG logos are registered trademarks of LG Corp. and its affiliates. MOTOROLA is a registered trademark of Motorola Trademark Holdings, LLC. Google, Nexus and Android are trademarks of Google Inc. Screen images simulated. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile

YOUR CHANCE TO SEE
JUSTIN BIEBER
PLUS!
AN EXCLUSIVE PRIZE PACK
FOR YOU & A FRIEND.
ENTER TO WIN
BY VISITING YOUR LOCAL:
URBAN PLANET
www.urban-planet.com
Bluenotes
bluenotes.ca
STITCHES
STITCHESONLINE.COM
HURRY IN, WINNERS WILL BE CHOSEN
MAY 7TH 2016!
Grand prize includes 2 tickets to the Justin Bieber concert at the Canadian Tire Centre in Ottawa on May 13th, 2016
and an exclusive prize pack. Visit you local URBAN PLANET, BLUENOTES AND STITCHES for more details.

OC Transpo

New Spring Service

New Spring Service Effective Sunday, April 24

Schedule changes this spring will reflect lower seasonal ridership levels and respond to changing customer needs. New timetables are available for most peak period (red) and express (green) routes as well as the following routes which have schedule changes: 4, 5, 8, 12, 14, 16, 85 through 99, 104, 106, 111, 112, 114, 116, 120, 121, 122, 124, 128 through 144, 147, 149, 150, 151, 152, 156, 159, 170, 172, 173, 175, 176, 177, 178 and the O-Train Trillium Line.

Service Highlights

116B On Sundays, several trips in both directions will be adjusted slightly to better serve the Gurdwara Sahib Ottawa Sikh Society on Gurdwara Road and reduce walking distances for customers.

182 Will be modified in Kanata North for improved service to businesses along Terry Fox Drive. Buses will travel from Carling and Herzberg, via Terry Fox and Legget to Solandt and the regular route. Afternoon trips will follow the opposite pattern. This change will remove Route 182 from a small section of Legget, but service will continue to be available nearby on Route 93.

188 Will be cancelled due to low ridership. Alternative service is available on Route 92, which operates in most time periods, and Route 162, which provides limited service at certain times of the day. Both routes are available on Huntmar near Campeau.

Trip Cancellations

On a number of routes, the first and/or last weekday trips will be cancelled due to low ridership. If you travel at that time, please check your schedule to see if your trip is affected on the following routes: 16, 92, 93, 94, 98, 99, 111, 112, 114, 116, 120, 121, 122, 128, 130, 131, 132, 134, 135, 136, 137, 143, 144, 147, 149, 150, 151, 152, 170, 172, 173, 175, 176, 177, 182, 189 and 193.

Light Rail Construction
Campus Station Closes Sunday, April 24

ON TRACK
SUR LA VOIE
2018

Campus Station will close for construction of the new uOttawa Confederation Line O-Train station coming in 2018. A section of the Transitway will close from Laurier Avenue to Lees Station.

Laurier Station will remain open and serve as the major transit station for the University of Ottawa. Lees Station upper level will remain open, but the sidewalk along the Transitway to Lees Station will close. Bus service at Lees and Laurier Stations will be reduced, while travel times and transfer points may change.

- Most bus routes will travel via Nicholas Street and Laurier Station. This includes peak period Routes 20, 21, 22, 24, 27, 30, 31, 34, 35, 37, 38, 40, 221, 231 and 232, Routes 99 and 403, and Routes 8, 86, 87, 91, 92, 94, 96, 97* and 106, which will no longer serve Lees Station. Buses will operate on bus-only lanes and with mixed traffic. Travel time could be slightly longer.
- Routes 95 and 98 will be modified to travel via King Edward and Laurier Avenue, to maintain access to the uOttawa campus and reduce walking distances.
  *Route 97 will operate via King Edward and Laurier Avenue, instead of Nicholas, after 10 p.m. to provide improved late night service.

  Travel time will be increased by about one to four minutes for this routing adjustment.

  Service on King Edward and Laurier will be provided by Routes 16, 85, 95 and 98, and late night trips on Route 97. Routes 85, 95, 97, and 98 will make limited stops on King Edward at Templeton, Laurier at Cumberland and southbound on Lees near Chapel, to speed up travel time.
- West-end peak period service will be adjusted so that afternoon trips start at Mackenzie King Station, instead of Campus, on Routes 60, 61, 62, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 77, 176, 261, 262, 263 and 283.

New University of Ottawa Service

The combined service at Laurier Station and along King Edward and Laurier Avenue will ensure that the main campus is within a five minute walk of transit.

Downtown Service

Customers not travelling to the university may wish to take a route other than the 95 or 98 for a faster trip to and from downtown.

- Take Routes 91 or 94 instead of Route 95
- Take Routes 8, 40, 86, 87, 92, 96, 97 or 99 instead of Route 98.

Lees Station Service Reduced

Due to the Transitway road closure and rerouting of many routes via Nicholas, the upper level of Lees Station will only be served by Routes 6, 16, 85, 95 eastbound, 98 southbound, 101, 103 and 401, and by Route 97 southbound after 10 p.m. These routes will ensure service for the community and connections to downtown, the University of Ottawa, and major destinations.

Register for Alerts!

Register for alerts at octranspo.com and receive the latest information by e-mail or text. Standard rates apply.

Service Information

For real-time bus arrivals and holiday schedules 24 hours a day, call 613-560-1000 or text 560560 plus your four-digit bus stop number. Automated travel planning is available at octranspo.com.

Rack & Roll Returns

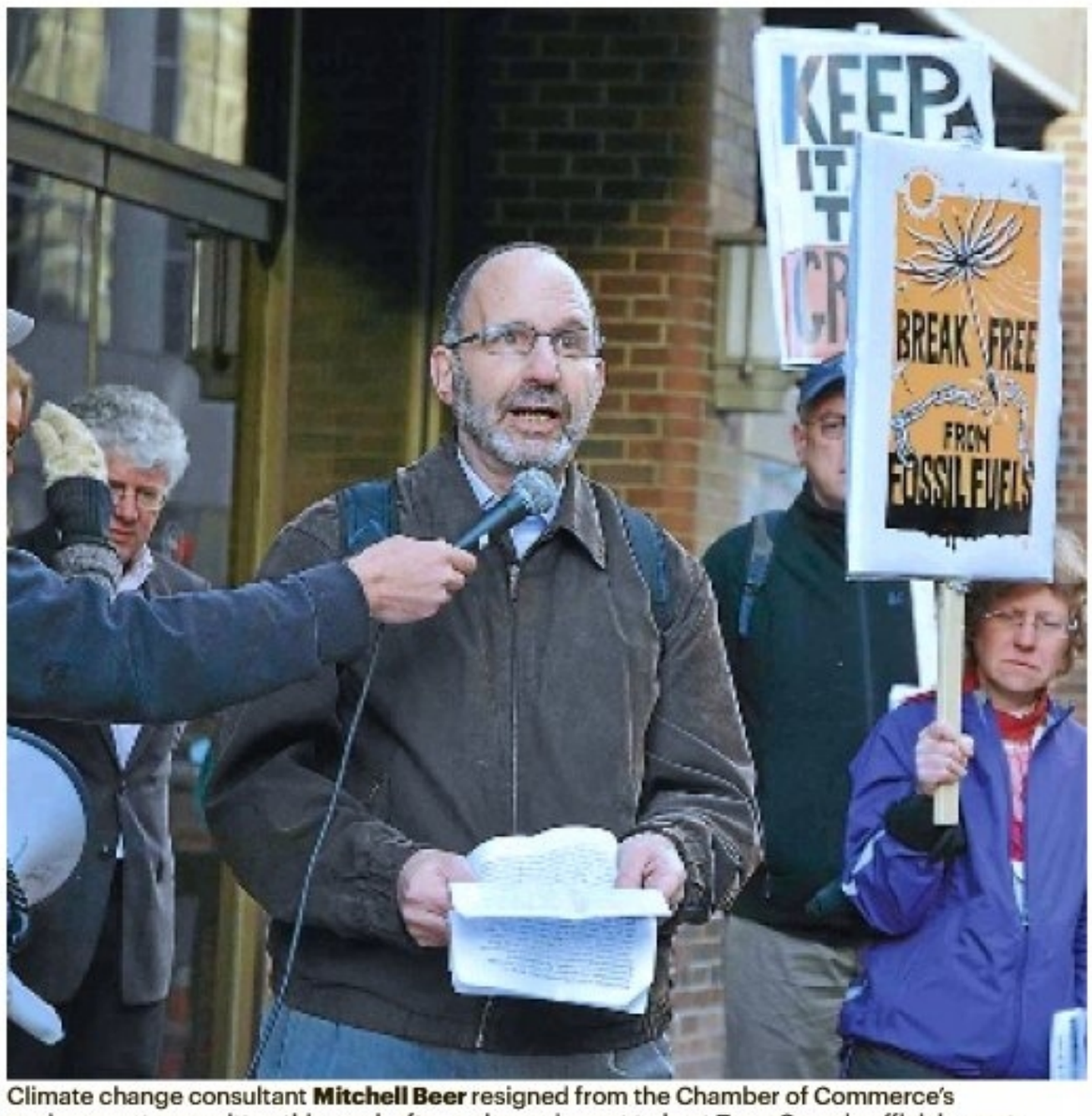
Rack & Roll returns once again this spring and runs until the fall on routes 12, 85, 91, 92, 94, 95, 96, 97, 99, 101, 106 and 118. Most racks will be installed by April 24. However, you can Rack & Roll on any bus with a rack, and we have more than 450 equipped buses. Use the online Travel Planner at octranspo.com to see which trips have bike racks.

Summer U-Pass Now Available!

A new Summer U-Pass — valid May 1 to August 31 — is available for the first time to eligible students enrolled in a full-time summer program.

Students cannot use their 2015-16 U-Pass after April 30, but can obtain a new Summer U-Pass on campus at Carleton University, the University of Ottawa, Saint Paul University and Algonquin College.

INFO 613-741-4390 octranspo.com



Climate change consultant **Mitchell Beer** resigned from the Chamber of Commerce's environment committee this week after a planned event to host TransCanada officials went ahead. EMMA JACKSON/METRO

Protests fail to sway chamber

EGGS 'N ICONS SERIES

Inviting a speaker not an endorsement, president says

Emma Jackson
Metro | Ottawa

The Ottawa Chamber of Commerce likes its speaker series just fine, thank you, even if some protesters questioned its format Thursday morning.

The chamber's Eggs 'N Icons breakfast series hosts a different speaker each month. On Thursday, it was Stefan Baranski from TransCanada, owner of the controversial Energy East pipeline.

That didn't sit well with Ecology Ottawa, which led a protest outside the Sheraton Hotel as Baranski addressed about 100 paying chamber guests inside.

The environmental group accused the chamber of insensitive timing — it was the eve of Earth Day — and of presenting a one-sided perspective of the pipeline's economic and financial impacts.

But chamber president Ian Faris said that's the nature of speaker series.

"(Guests) want to hear a speaker, they don't want to hear a debate," said Faris, who added, "we're more than happy to have a debate (another time)."

He said inviting a potentially major job creator to speak doesn't represent an endorsement.

"We're bringing forward speakers for public debate and discourse," Faris said. "It's certainly not an indication of the chamber's support for or against any project."

He did note Baranski made a compelling argument for the pipeline's reduced greenhouse-gas emissions, since it will replace diesel-fuelled rail transportation with more efficient electric pumping stations.

But Ecology Ottawa director Graham Saul said the chamber needs to do more than just insist it's neutral.

"What we'd like to see the chamber do is lead Ottawa businesses in the direction of jobs we can all be proud of, and not act as an advertising agency for the expansion of dirty oil," Saul said.

The controversy caused such a stir that a member of the chamber's environment and sustainability committee, Mitchell Beer, resigned this week over what he considered to be the chamber's inaction in the face of serious concerns.

"Organizations are allowed to make mistakes," Beer told the crowd of protesters. "The question is how you deal with the mistake when it's brought to your attention."

ADVERTISING FEATURE

CTC REMEMBERS ALL VICTIMS OF THE OTTOMAN-ARMENIAN CONFLICT

This year once again we remember with sadness and respect the memory of the victims of the Ottoman-Armenian conflict during the First World War. As Canadians we stand for truth and reconciliation.

The conflict began when Armenian nationalist groups (Dashnaks and Hunchaks) revolted against the Ottoman Empire, while collaborating with and joining invading Russian armies in Eastern Anatolia. Committing this act of high treason resulted in the relocation of Armenians from the war zone. This relocation was a military measure in self-defense. Most of the deaths during the relocation resulted from famine, the spread of diseases, sporadic fighting, and a breakdown of authority in poor war conditions. In these terrible conditions, bandits and private groups committed massacres; both sides suffered tremendously, Armenians and non-Armenians alike.

This tragedy cannot be characterized as genocide as if only one ethnic group suffered.

The genocide allegations contradict the definitional criteria outlined in the 1948 UN Genocide Convention.

Armenian allegations have recently been rejected by the European Court of Human Rights and the French Constitutional Court.

In recent years there have been political pressures on legislative bodies to distort history and accept the Armenian narrative. In democracies, parliaments cannot assume the functions of the judiciary. History cannot be rewritten in political arenas. Accusing a nation and a people unjustly and unfairly for the most serious crime of humanity without a legal verdict is against Canadian principles of fairness and justice.

The Council of Turkish Canadians stands for truth and reconciliation, joint healing and justice. We believe this is the best way to remember the victims of the Ottoman-Armenian conflict.

Council of Turkish Canadians

SPONSORED CONTENT *VIRGINIA*

NORTHERN VIRGINIA TAPS INTO A HIDDEN CREATIVE SCENE

Arts and culture flourish in former factories and other unusual hotspots.

A HISTORIC FORMER PRISON, WORKHOUSE ARTS CENTER IS NOW A MAJOR ATTRACTION IN FAIRFAX COUNTY. **VISIT FAIRFAX**

Northern Virginia is known for its stunning natural landscapes, but it's also a surprisingly cultural paradise.

Visit Northern Virginia and you'll find independent art galleries tucked inside historic buildings on picturesque streetscapes, along with an eclectic mix of theatre and music venues. The visual art scene lives in unexpected places, including a former torpedo factory, a former candy factory and even a historic former prison.

"A lot of it started with artists coming into the D.C. area," says Ali Morris, spokesperson for Visit Fairfax. "We have these very cool spaces that are made available to artists, so they get that urban feel being right next to D.C., but get this cool space to do their work. It really has become a hub."

The Torpedo Factory Art Center in Alexandria is — like its name suggests — located in an old munitions plant. Now, it's home to the largest collection of publicly accessible working artist studios in the U.S., with 82 studios, seven galleries and two workshops. Visitors can watch artists at work and purchase unique items: jewellery, glassworks, sculpture and watercolours.

"That's really a fun place to browse, especially if you're looking for a unique souvenir," says Morris. There are also great finds at the Center for the Arts at the Candy Factory in Prince William & Manassas (a former candy factory) and the Workhouse Arts Center in Fairfax County (a historic former prison). Cooley Gallery is a traditional gallery in Loudoun, featuring rotating exhibits.

Another unique cultural destination is Wolf Trap, the only National Park dedicated to the performing arts, located in Fairfax County. In the summer, concertgoers can sit on the lawn and bring along a picnic blanket and bottle of wine to enjoy with the show.

"We have everything from Broadway tours to rock concerts to sing-along Sound of Music nights," Morris says.

The Iota Club & Café provides more intimate engagements. "It's one of those live music houses where you're seeing the stars of tomorrow before they know they're going to be stars," she says. "Sometimes it's a band, sometimes it's spoken word, sometimes it's open-mic night."

There's also Birchmere Music Hall in Alexandria, a dinner-theatre style music hall featuring top names in folk and jazz, rock, gospel and alternative. And Tally Ho in Loudoun, a restored historic movie theatre, offers an eclectic lineup of movies, concerts and comedy.

For world-class theatre, there's Signature Theatre in Arlington, a Tony Award-winning theatre company that produces contemporary musicals and plays, both by reinventing classics and developing new works.

Content Solutions

Abdelkader, 10, Morhaf, 20 months, and Khadija, 5, participate in a **playgroup for Syrian children.** JUSTIN TANG/THE CANADIAN PRESS

Clock is ticking on refugees' funding

SETTLEMENT

City plans for moment when year of federal cash ends

Lucy Scholey
Metro | Ottawa

Now that more than 1,500 Syrian refugees have landed in Ottawa, the city is preparing for the moment when its year-long federal funding dries up.

And some councillors are worried about what sort of burden this will put on city services.

"Once that one year stops, what happens with those families?" said Coun. Mathieu Fleury, who chairs Ottawa Community Housing. "

Are we going to change the priority list? There's a long list for affordable housing in Ottawa."

"Month 13" will mark the transition period from when the federal funding shifts to provincial funding. Syrian refugees still in need of social assistance may be referred to the Ontario Works program.

The city will examine what sorts of demand this puts on school boards and health services.

> **Once that one year stops, what happens with those families?**
> Coun. Mathieu Fleury

Every month, about 2,000 families turn to the City of Ottawa for social assistance.

The same number of families move out of the system every month. With the influx of Syrian refugees, the city is expecting a "slight blip" in those figures.

"We're not expecting a burden on taxpayers, particularly locally, at this point," said Aaron Burry, general manager of community and protective services.

About 1,100 Syrian refugees who have resettled in Ottawa are on government assistance. The rest are privately sponsored.

Coun. Michael Qaqish, the city's Syrian refugee liaison, said a job fair for refugees is in the works this June, at city hall.

The community has pulled together and raised $1 million for the local resettlement efforts, Qaqish added.

QUEEN'S PARK

Wynne hints at teacher labour law review

Premier Kathleen Wynne distanced herself Thursday from legislation brought in by her predecessor to impose contracts on teachers — a move a judge has ruled violated their constitutional collective bargaining rights.

Ontario Superior Court Judge Thomas Lederer ruled Wednesday that the government "substantially interfered with meaningful collective bargaining" in passing the 2012 legislation.

Known as Bill 115, it imposed contracts on teachers that froze some of their wages and limited their ability to strike, so five unions took the government to court. The judge sided with them, but left the question of a remedy up to the government and unions to decide.

Wynne said the government is reviewing the decision, but noted she has taken issue with the legislation in the past.

"I can tell you that that legislation was very problematic," she said Thursday.

"When I ran in the leadership (race) starting in 2012, I was clear that we needed to move away from the rancour that had been created because of that legislation."

Kathleen Wynne NATHAN DENETTE/THE CANADIAN PRESS

But that was after the legislation had passed, and as a member of cabinet at the time, Wynne helped pass the bill and even spoke in favour of it during debate. However, she suggested at the time, in the legislature on Aug. 30, 2012, that there was some dissent about it within the party.

"Only someone who does not appreciate the importance of honest, heartfelt discussion would criticize a team that allows that debate, then comes to a conclusion and stands together and takes a stand," she said in response to Opposition criticism. THE CANADIAN PRESS

Opportunity's visiting your website. Make sure the order comes through.

Don't take risks with your network. More Ontario businesses choose Bell than any other provider to do more and make more, every day!

FROM $103.21/MO.[2]
For new customers on a 36-month term

- Business Fibe Internet – up to 25 Mbps download and up to 10 Mbps upload
- Unlimited Internet usage and Wi-Fi modem
- Total Protect online security[3] – only from Bell
- Fully-loaded Business phone line[4]
- North American long distance talk time[5]

Call 1 866 323-1158 or visit bell.ca/businessbundles

Bell doing business just got better

Offer ends May 31, 2016. Available to new customers in Ontario where access and technology permit and where Business phone service is not CRTC-regulated. Subject to change without notice and cannot be combined with any other offer. Installation fees of $80 for Internet and $125 for phone apply. Unlimited usage is subject to the Business Terms of Service; see bell.ca/businesstermsofservice. Taxes extra. Other conditions apply. Fibe is a trademark of Bell Canada. (1) Based on a survey of businesses in Ontario by Nielsen. (2) Subject to a 3-year term with Internet download speeds of up to 25 Mbps and upload speeds of up to 10 Mbps. Early cancellation charges apply. Wi-Fi modem rental included. Speeds and signal strength may vary with your configuration, Internet traffic, server, environmental conditions or other factors; see bell.ca/businessinternet. (3) Includes 1 license of Internet Protect, Data Protect and PC Protect. Subject to technical requirements; see bell.ca/totalprotection. (4) Includes: 1. Call Display, 2. Call Forwarding, 3. Call Waiting, 4. Speed Call, 5. Last Number Redial, 6. Per Call Blocking, 7. Hold, 8. Call Transfer, 9. 3-way Calling, 10. Voicemail. (5) Includes 2,400 minutes. $0.05/additional min. Applies to direct-dialled outbound calls to Canada and the continental U.S., incl. Alaska and Hawaii; excl. toll-free calls. Calls to certain conference or adult services or to high-cost areas may be restricted.

ATTAWAPISKAT

'I'm just waiting for a new house'

The intractable housing crisis plaguing Attawapiskat and many First Nations communities across Canada is brought into sharp focus by Teresa Kataquapit.

Standing in her three-bedroom home, Kataquapit, 75, eyes the broken, loose and stained ceiling tiles; the heaving and cracked linoleum floors; the plastic-covered and boarded-up windows.

"It's very cold," a somewhat embarrassed Kataquapit says in Cree.

The home to five people has been condemned as unfit. It's one of about 80 homes in this hard-scrabble reserve in need of a bulldozer.

Yet like many other indigenous Canadians living on First Nations, Kataquapit continues to reside in a structure heated by a single woodstove. There is nowhere else for her to go.

"I was promised a house twice by the former chiefs," she says. "But nothing to date."

Her grandson, Frankie Kataquapit, 26, who works at the DeBeers diamond mine 90 kilometres away, says he wishes he could live in something better "every day."

Attawapiskat has about 340 homes for its 2,100 residents, an average of seven people in each. Some house as many as 13 people. Coupled with substance abuse, the crowded conditions are fertile for abuse and despair — factors that play directly into the headline-grabbing suicide crisis afflicting the community.

With close to a quarter of existing units condemned, the pressure on the community is enormous and rising — the population is projected to grow by almost 20 per cent in the coming decade.

What you have, says Wayne Turner, the chief executive officer of the Attawapiskat First Nation, is the very definition of a housing crisis.

Each and every year, there's new demand," Turner says in his construction-trailer office. "Our ability to provide housing is limited."

Built on muskeg — soft, marshy wetland — in a region where temperatures can plunge into the minus-50s, home construction poses special challenges. About 75 per cent of the houses, poorly designed for the extreme climate, were built between 1960 into the 1990s, often on badly prepared sites and on inadequate foundations.

In a perfect world, solving the housing crisis on Attawapiskat would require a large lottery win. At about $260,000 to build a four-bedroom home, just constructing 80 homes to replace the condemned ones would cost almost $21 million — an amount that grows by day.

"I don't blame anybody," Kataquapit says. "I'm just waiting for a new house — like everybody else." THE CANADIAN PRESS

Teresa Kataquapit stands in her home which is deemed not fit for human habitation in Attawapiskat, Ont. THE CANADIAN PRESS

PM Justin Trudeau spars at Gleason's Boxing Gym in Brooklyn, New York on Thursday. Trudeau was there to train with kids from the Give A Kid A Dream program that works to provide mentorship to disadvantaged youths through boxing. THE CANADIAN PRESS

Trudeau boxes way through questions

YOUTH INVOLVEMENT

...and encourages young people to work on political campaigns

Young people need to get more involved in politics, Justin Trudeau told an audience of university students in New York City this morning.

"Young people need to demand more from their politicians, their business leaders, their community leaders," the prime minister told students at New York University.

Strolling among them with his sleeves rolled up and a microphone in his hand, Trudeau said that there's plenty of work for everyone to do to make the world a better place.

Trudeau is in New York City to sign the Paris climate-change agreement on Friday.

His itinerary on Thursday also included a photo-op at the legendary Gleason's Gym, where boxing champions Muhammad Ali, Jake (Raging Bull) LaMotta and Mike Tyson trained (albeit in the gym's previous locations).

Trudeau acknowledged to the students that Canadians leave a high per capita carbon footprint through the use of energy, and that Canada's relations with its First Nations communities present an enormous challenge.

VISIT

This is the prime minister's fourth trip to the U.S. since last month. He's also been hosted at a White House state dinner, attended a nuclear arms-control summit and attended meetings at the United Nations.

He said his government is striving to reflect Canadian ideals and values, and that includes getting more young people interested in the political process.

Trudeau added that young people need to work in political campaigns, and not just as "letter stuffers and sign-putter-uppers."

Most of the question-and-answer session with the students dealt with the environment.

He defended his support of pipelines to carry oil as safer than rail transport, but said society has to eventually wean itself off reliance on fossil fuels.

He said that it's not necessarily a bad thing if big business gets involved in organic farming, if it's done responsibly.

"We need to be able to scale up food production to feed the world," Trudeau said. "We need to be able to provide food and sustenance to a hungry planet." TORSTAR NEWS SERVICE

HELP WANTED
Construction Project Manager

BROOK Restoration
2275 Stevenage Dr., Unit #2, Ottawa

Must have experience in project scheduling, estimating, invoicing, document control and preparing contracts. Must have excellent interpersonal and communication skills. Must be well versed in Microsoft Office and MS Project applications.

Send resume to Gary at gary@brookrestoration.ca

MAGAZINE

Time says PM is one of most influential people

Prime Minister Justin Trudeau has been chosen by Time magazine as one of the 100 most influential people of 2016.

The annual list of leaders, artists, titans, pioneers and so-called icons includes such notable names as Pope Francis, Nicki Minaj and Caitlyn Jenner.

Trudeau is among the 32 people featured in the leader category and is named alongside U.S. presidential candidate Donald Trump, Christine Lagarde of the International Monetary Fund, German Chancellor Angela Merkel and even North Korean leader King Jong Un.

In a write-up for Time by Saturday Night Live executive producer Lorne Michaels — himself a Canadian — Trudeau is described as talented and disciplined.

"In many ways Canada is no longer the country I grew up in, but when I hear Justin Trudeau talk, it sounds like my Canada again. Bold, clear as a bell and progressive," writes Michaels.

Explaining how Time picks its influencers, managing editor Nancy Gibbs writes that each embodies "a breakthrough: they broke the rules, broke the record, broke the silence, broke the boundaries to reveal what we're capable of. They are seekers, with a fearless willingness to be surprised by what they find."

The issue is being released with six different covers featuring Minaj, Lagarde, actor Leonardo DiCaprio, actress Priyanka Chopra, philanthropists Priscilla Chan and Mark Zuckerberg, and Pulitzer Prize-winner Lin-Manuel Miranda, creator of the Broadway hit Hamilton.

It hits newsstands Friday. TORSTAR NEWS SERVICE

Trudeau one of people that "broke the rules, broke the record, broke the silence." THE CANADIAN PRESS

Big-city mayors at the heart of issues

Calgary Mayor Naheed Nenshi. THE CANADIAN PRESS

POLITICS

Municipalities moving beyond traditional roles

Calgary Mayor Naheed Nenshi has a tongue-in-cheek answer to explain what makes local government so special.

If the federal government disappeared tomorrow it would probably take Canadians a few weeks to notice, he says, and perhaps a few hours, or even days, in the case of a provincial government.

"(But) if your municipal government disappeared, well, you'd have no roads, you'd have no transit, you'd have no parks, you'd have no police, you'd have no firefighters, you'd have no clean water," Nenshi laughs.

Large municipalities are moving beyond the traditional realm of garbage collection, snow removal and street cleaning to play roles on climate change, immigration and clean energy.

"Every mayor in Canada will tell you that they can walk down the street with any cabinet minister and probably the premier of their province, and it's the mayor that people on the street will stop to talk to," says Warren Magnusson, a political theorist at the University of Victoria.

"This (local politics) is where it's at." In Vancouver, Gregor Robertson is serving his third term as mayor after stepping down from provincial politics in 2008.

"Cities are on the frontlines and delivering services every day and making a difference in people's lives," he says.

Local government is closer to people and far more nimble, Robertson says, though he laments the fact that urban powers haven't grown to reflect an expanded municipal role.

THE CANADIAN PRESS

AUTONOMY

'Third class citizens': Cities seek more power

When a tiny town in northeast British Columbia couldn't get federal funding for bicycle lanes, Mayor Greg Moore says it fudged the paperwork.

Officials applied to pave the roads again instead, and when the cash flowed from Ottawa the town made over its streets with wider shoulders to circuitously achieve its goal, said the mayor of Port Coquitlam, who was told about the quandary in confidence.

The anecdote illustrates how cities are at the mercy of Canada's higher-levels of government because of a lopsided fiscal and power dynamic, say some experts.

Providing infrastructure and services without adequate financial tools has been a major stress for municipalities of all sizes, and that's not the only obstacle they face, said Moore.

Mayors have used the change in the federal government to call for more autonomy for cities, which are straining under the weight of downloaded responsibilities from rental housing to daycare. Earlier this year, big-city mayors met with Prime Minister Justin Trudeau and urged Ottawa to directly fund building projects, bypassing the provinces altogether.

International urbanism consultant Brent Toderian said consensus is growing that Canadian cities are the key to national success, but they are not positioned to succeed.

"Cities are the engines of our economy, the overwhelming home for our populations, the centres for creativity, the solutions to sustainability," said Toderian, a former chief planner for Vancouver and president of the Council for Canadian Urbanism.

"Yet we treat them like a third-class citizen, at best."

Cities face barriers when it comes to delivering public facilities and services that are structural, financial and political, the experts say.

"It's very difficult for municipalities — under the current fiscal regime, but also in terms of the kinds of legal powers they have — to do the things that are really necessary," said Prof. Warren Magnusson, who specializes in urban government at the University of Victoria.

However, the Liberal party's recent budget announced plans to boost a funding formula so that Ottawa covers up to half the cost of public transit projects, and water and wastewater systems. Before, its share was one-third.

THE CANADIAN PRESS

OUR INNOVATIVE CITIES

A look at some innovations outside the typical realm of services most Canadians expect their municipal governments to provide:

- **WINNIPEG** joined other levels of government in 2002 to increase population through the family links of refugees. The Winnipeg private refugee sponsorship program helps cover refugee support when a private sponsor can't meet his or her commitment.
- **KITCHENER** says it is the birthplace of the blue box program, which is used around the world to reduce waste and increase recycling.
- **VANCOUVER** opened the first legal clinic in 2003 to offer addicts a supervised injection site.
- **HALIFAX** approved the continuation of a program in March 2015 to help residents switch to solar energy after a two-year pilot project.
- **TORONTO'S** official plan encourages that public art be included in all significant private-sector developments.

THE CANADIAN PRESS

ADVERTISING FEATURE

Turkish Canadians Peace and Solidarity Platform

We, as Turkish Canadians, remember and honour the sufferings and pain of all subjects of the Ottoman Empire from different ethnic and religious background including some of Ottoman Armenians during the Great War.

Singling out the sufferings of one group does serve nothing, but distortion of the history. It is disrespect to the memories of all those perished in the war. We want to remember all losses of the Great War in an embracing manner rather than in an exclusionary and divisive way. Millions of Muslim Turkish civilians also perished during the war.

Remembrance requires responsibility. It has limits respecting the dignity of other societies and their histories. Unfortunate consequences occurred in our recent history as a result of defamatory activities due to hatred inferred from a biased reading of the history.

Thus, we did not and will not forget the attacks of Armenian terrorist organizations against Turks in Canada.

Each year is another opportunity to foster a dialogue in order to break the siege of biased historical narratives. 2016 can still be that year.

Every citizen of this country should defend peaceful coexistence of multicultural nature of Canada. We act in this way and expect the same from others.

HISTORY

Harriet Tubman to be on U.S. $20 bill

U.S. paper money is getting a historic makeover.

Harriet Tubman, an African-American abolitionist born into slavery, will be the new face on the $20 bill.

The leader of the Underground Railroad is replacing the portrait of Andrew Jackson, the nation's seventh president and a slave owner, who is being pushed to the back of the bill.

And Alexander Hamilton, the nation's first Treasury secretary who's enjoying a revival thanks to a hit Broadway play, will keep his spot on the $10 note after earlier talk of his removal.

The changes are part of a currency redesign announced Wednesday by Treasury Secretary Jacob Lew, with the new $20 marking two historic milestones: Tubman will become the first African-American to ever be featured on U.S. paper money and the first woman to be depicted on paper currency in 100 years.

"This gesture sends a powerful message, because of the tendency in American history, the background of excluding women and marginalizing them as national symbols," said Riche Richardson, associate professor in the Africana Studies and Research Center at Cornell University. "So even the symbolic significance of this cannot be overstated."

Lew also settled a backlash that had erupted after he had announced an initial plan to remove Hamilton from the $10 bill in order to honour a woman on the bill. Instead, the Treasury building on the back of the bill will be changed to commemorate a 1913 march that ended on the steps of the building. It will also feature suffragette leaders Lucretia Mott, Sojourner Truth, Susan B. Anthony, Elizabeth Cady Stanton and Alice Paul.

The back of the $20, which now shows the White House, will be redesigned to include the White House and Jackson, whose statute stands across the street in Lafayette Park.

The $5 bill will also undergo change: The illustration of the Lincoln Memorial on the back will be redesigned to honour "events at the Lincoln Memorial that helped to shape our history and our democracy."

The new image on the $5 bill will include civil rights leader Martin Luther King Jr., who gave his famous "I have a dream" speech on the steps of the memorial in 1963, and Marian Anderson and Eleanor Roosevelt.

The last woman featured on U.S. paper money was Martha Washington, who was on a dollar silver certificate from 1891 to 1896. The only other woman ever featured on U.S. paper money was Pocahontas, from 1865 to 1869. THE ASSOCIATED PRESS

This photo shows an image provided by the Women On 20s organization featuring abolitionist Harriet Tubman on the U.S. twenty dollar bill. AFP/GETTY IMAGES

IN BRIEF

Teen Islamic extremists behind Sikh temple blast

Two teenage Islamic extremists were allegedly behind an explosion in a Sikh temple in the German city of Essen that wounded three people, the city's police president said Thursday, calling the blast an "act of terror."

Essen police president Frank Richter told reporters the two 16-year-old boys were under arrest. One had come forward while the second was arrested at his parents' home. THE ASSOCIATED PRESS

EU keeps sanctions threat on Thai seafood

The European Union is maintaining the threat of a seafood import ban on Thailand because the global exporter is still not doing enough to improve its fisheries and labour practices, officials said Thursday.

The EU is keeping up the pressure because even some Thai legislation enacted last year to curb illegal practices was not sufficiently followed up by action over the past months, two EU officials said. THE ASSOCIATED PRESS

ENGLAND

LONG LIVE THE QUEEN

England's Queen Elizabeth II greets well-wishers during a "walkabout" on her 90th birthday in Windsor, west of London, on Thursday.

Thousands lined the streets of the town carrying cakes, cards, balloons and Union Jack flags and Prime Minister David Cameron leading a parliamentary homage.

Cameron praised the monarch's "unshakable sense of duty," pointing out that she had provided counsel to 12 British prime ministers and met a quarter of all the U.S. presidents since Independence.

AFP/GETTY IMAGES

Paris climate deal on track for early start

ENVIRONMENT

Record could be set for international diplomacy

As many as 170 countries are expected to sign the Paris Agreement on climate change Friday in a symbolic triumph for a landmark deal that once seemed unlikely but now appears on track to enter into force years ahead of schedule.

UN officials say the signing ceremony Friday will set a record for international diplomacy: Never before have so many countries inked an agreement on the first day of the signing period.

That could help pave the way for the pact to become effective long before the original 2020 deadline — possibly this year, though countries must first formally approve it through their domestic procedures.

"We are within striking distance of having the agreement start years earlier than anyone anticipated," said Brian Deese, an adviser to President Barack Obama.

The U.S. and China, which together account for nearly 40 per cent of global emissions, have said they intend to formally join the agreement this year. It will enter into force once 55 countries representing at least 55 per cent of global emissions have done so.

"There's incredible momentum," said former New Zealand Prime Minister Helen Clark, who heads the UN Development Program. She said her agency is working with more than 140 countries on climate change-related issues, and that financing to make the Paris Agreement a reality is "critical, and let's hope everyone lives up to commitments made."

The agreement, the world's response to hotter temperatures, rising seas, was hammered out in December outside Paris. The pact was a major breakthrough in UN climate negotiations, which for years were bogged down with disputes between rich and poor countries. THE ASSOCIATED PRESS

EMISSIONS

Under the agreement, countries set their own targets for reducing emissions of carbon dioxide and other greenhouse gases. The targets are not legally binding but countries must update them every five years.

MIGRANT SHIPWRECK

'We saw the dead people with our eyes'

Two men who were among 41 people picked up over the weekend from a boat found adrift in the Mediterranean Sea described on Thursday surviving what they say was a shipwreck that might have killed up to 500 people.

If confirmed, the sinking, which would have taken place sometime last week, would be one of the deadliest migrant boat sinkings in the Mediterranean. So far, there has been no independent confirmation of a mass casualty tragedy at sea.

> They say: 'You are gonna go to Italy. Today. Tonight. No problem. You are safe.' Muaz Mahmud Aymo

The coast guard authorities of Italy, Greece, Libya and Egypt haven't confirmed a sinking, and there haven't yet been any reports of bodies or debris washing ashore.

Muaz Mahmud Aymo, a 25-year-old Ethiopian, and Mowlid Isman, a 28-year-old Somali, said they had been heading to Italy, leaving the Libyan port city of Tobruk at night on a boat with about 200 people on board. They said smugglers forced them onto a larger boat, which they said already had about 300 people on board although it was dark and they couldn't see inside.

The larger boat sank during the transfer of people from the smaller vessel, they said, and all died except 31 people who were still on the smaller boat and 10 more, including the two of them, who were picked up from the sea by Somalis who were still on the smaller boat.

"The people all, they die on that ocean," said Aymo, who said his 2-month-old baby and 20-year-old wife were among the fatalities. Isman said he lost his sister and his sister's baby.

Aymo said the smugglers had told them the journey, for which each passenger paid $1,800, would be safe.

"We saw the dead people with our eyes," Isman said, speaking through an interpreter. THE ASSOCIATED PRESS

‘I do’ comes with big costs

WEDDING

Small things add up and can blow a budget, planner says

Whoever said love doesn’t cost a thing wasn’t planning a wedding.

Recently-engaged couple Camille Verschooris and Andrew Lounsbury knew tying the knot was expensive, but they didn’t realize how pricey it could be until they found out their $30,000 budget wasn’t enough to cut it for the wedding of their dreams.

“The budget got thrown out of the window quickly,” said Verschooris, a 24-year-old producer’s assistant.

“What we imagined was very different than what we could afford,” added 29-year-old Lounsbury.

The couple was faced with a big decision: Do they scale back or do they bite the bullet and up how much they were willing to spend? Ultimately — with help from their parents — they decided to splurge on a wedding they would want to attend, complete with a guest photo booth and a $1,200 espresso bar to be rolled out at the end of the night.

For Verschooris, the greatest sticker shock was not from the big-ticket items like the wedding gown ($5,000) or the photographer (another $5,000), but it was how quickly the small expenses added up. Having lights and sound at a wedding and bringing in the linens, china and decorations are considered extra requests — and come with accompanying fees.

Wedding planner Rebecca Chan says one of the biggest costs for a wedding is a venue.

For example, a wedding venue in downtown Toronto can charge between $150 to $300 per person, just for the meal.

Chan recommends couples multiply that figure by the number of guests attending and getting a full cost estimate of everything they need for the venue — from chair rentals to speakers — for a more realistic idea of the final bill.

ISTOCK

Then add up all the miscellaneous costs like hiring an officiant, coat check and transportation to and from the ceremony site, she said.

“These are not usually the first things you think of when you’re planning your wedding,” said Chan.

Couples should also make sure they budget in other costs they may be on the hook for,such as the rehearsal dinner and a brunch for family and close friends the next day.

To keep down costs, she suggests couples think about booking their wedding during the off-season, between November to April and on a Friday or Sunday night. Doing so can save couples as much as 20 per cent compared to having a summer wedding on a Saturday night.

For Verschooris and Lounsbury, they now expect their June wedding to cost around $50,000, and realize they were originally unrealistic about their expectations.

“If you were more aware of what things actually cost when you went in, you’d come up with a more realistic budget or a better plan of what’s important and what you can trim away. That would be my biggest piece of advice.” THE CANADIAN PRESS

ENVIRONMENT

Canada gets a ‘D’ on report card

A new report suggests Canada ranks 14th among 16 peer countries when it comes to environmental performance, with only the United States and Australia doing worse.

The report by the Conference Board of Canada on Thursday gives Canada a “D” grade based on nine indicators covering climate change, air pollution, and freshwater management.

On climate change, the agency says with 20.7 tonnes of carbon dioxide equivalent per capita, Canada’s greenhouse gas emissions are among the highest, with only the U.S. and Australia faring worse. However, Canada gets an “A” rating for low-emitting electricity generation. The report says with nearly 80 per cent of Canada’s electricity being generated from low-emitting sources such as hydro and nuclear power, Canada is behind only Norway, Switzerland, France and Sweden.

The Conference Board says while some of poor grades can be explained by a large land mass, cold climate and resource-intensive economy, the results suggest there is a long way to go towards improvement. THE CANADIAN PRESS

INSTAGRAM

Parody takes on ‘voluntourism’

Rebecca Williams
Metro | Toronto

Parody accounts on Instagram are nothing new but a new account is shedding light on the problematic issue of “voluntourism.”

Much like the now-defunct Sociality Barbie account that poked fun of hipster accounts, “Savior Barbie” mocks Westerners crippled with the “White Saviour Complex” desire to travel and volunteer abroad.

White Savior Barbie’s bio sums it up: “It’s not about me ... but it kind of is.”

Created by two anonymous twenty-something women, both self-professed former “white saviours,” the account skewers using humans as living photo ops with ridiculous captions to match.

“The attitude that Africa needs to be saved from itself, by Westerners, can be traced back to colonialism and slavery,” the makers of Savior Barbie told the Huffington Post.

Although a lot of the comments on the account, which already has more than 40,000 followers as of Thursday, are positive, the creators said they knew the posts might not sit well with everyone.

“If you’re offended by the account then you’d better be offended by the real accounts who actually display this behavior in all authenticity,” they said.

RETURNS TO OTTAWA!
Menopause The Musical
THE HILARIOUS CELEBRATION OF WOMEN AND THE CHANGE!™
ALL-STAR CAST
OPENS JUNE 8TH
Laugh out loud comedy set to 25 classic hits from the 60's, 70's & 80's!
Leaves you dancing, laughing & cheering in the aisles!
2 WEEKS ONLY!
PERFECT MOTHER'S DAY GIFT!
Tues: 8 p.m. • Wed: 2 p.m. & 8 p.m. • Thurs & Fri: 8 p.m.
Sat: 2 p.m. & 8 p.m. • Sun: 2 p.m.
Tickets And Special Discounts Groups 8+
1-866-447-7849
BUY ONLINE www.thegladstone.ca
THE GLADSTONE • OTTAWA
910 Gladstone Avenue (near Preston St. in Little Italy) • www.thegrouptixcompany.com

BELMONTE UPHOLSTERING
SPRING SPECIAL!!
50% OFF MATERIALS & LABOUR
10% DISCOUNT FOR SENIORS
WHY THROW AWAY QUALITY FURNITURE FOR CHEAP PRODUCTIONS WHEN YOU CAN RECOVER AND RESTYLE TO LOVE IT AGAIN. BOOK NOW FOR SPECIAL SPRING PRICES.
COMMERCIAL, RESIDENTIAL & BOATS SPECIALIZING IN ANTIQUES
Free Estimates & Delivery ~ Work Guaranteed ~ 50 Years Experience
613-558-3357

metro VIEWS
Your essential daily news
SCIENCE SAYS Weekend, April 22-25, 2016

ACADEMIC CHILL
Wimpy lab mice like to be toasty. They can get cold stress even at 20 to 26 C, possibly skewing study results.

DECODED Mass Extinction

WERE THE DINOSAURS ALREADY DOOMED?

Any school kid can tell you what did the dinos in: The massive impact of a 10-kilometre-wide space rock near present-day Chicxulub, Mexico, 66 million years ago. But new research suggests all was not well in dino-land long before the asteroid apocalypse hit. **Here's why**.

DINO DECLINE

Biologists at the University of Reading put together dino family trees from the available fossil evidence. Then they used advanced statistics to draw conclusions about how many new species were emerging, and how many were going extinct. They found that **dinosaurs were starting to decline at least 40 million years before the asteroid hit** — that's when the rate of speciation (formation of new species) fell below the rate of extinction.

ASTEROID ADAPTATION

Why does this matter? Because with fewer species, there's less genetic diversity, and with less diversity, it's harder for a species to adapt to changes — like, say, the impact of an asteroid that tosses enough dust in the air to block the sun and change the weather. Would the dinos still be here if that fateful asteroid never hit? We'll never know.

CONTINENTAL CRACK-UP

The authors guess the separating supercontinents Laurasia and Gondwana may have contributed to the decrease in speciation. Dinos couldn't migrate around and interbreed as much anymore, and those are factors that help create variety, and, eventually, new species.

SOURCE: DINOSAURS IN DECLINE TENS OF MILLIONS OF YEARS BEFORE THEIR FINAL EXTINCTION. PNAS, 04/18/2016 PHOTO: ISTOCK

CITIZEN SCIENTIST by Genna Buck

I still don't get quantum computing. Help!

I didn't understand Justin Trudeau's spiel on quantum computing. What is a quantum computer exactly?
— Dorothy, Ottawa

You're not alone in your confusion, trust me. Quantum computers are still mostly in the realm of theory. There's no quantum computer remotely close to as functional or easy-to-use as your home computer.

But the potential of quantum computing is really exciting, because conventional computers are nearly as small as they can physically get.

And super small things (tinier than an atom) and really big things (like a planet), don't appear to follow the physical laws that govern our everyday experience of the world.

In the teeny-tiny quantum sphere, the same object can be in two different states — both "up" and "down" for example — at the same time. And one thing can be in two very different places at once, too. (That's quantum entanglement).

Ordinary computing comes down to a long string of bits that are in one of two states, zero or one. But quantum systems can be in many states at once, making it possible to do complex calculations with crazy big numbers regular computers can't handle.

So, Dorothy, there's a reason quantum computing is so baffling. It's not like anything else we experience — at least, not anything else I can think of. Quantum stuff makes my head spin, and not in a good way.

This goes to show how much science can benefit from integrating concepts and practices from other disciplines, like literature. An exquisite metaphor can give you an "Aha! I get it!" moment better than any academic paper can. Literature people: Get on it!

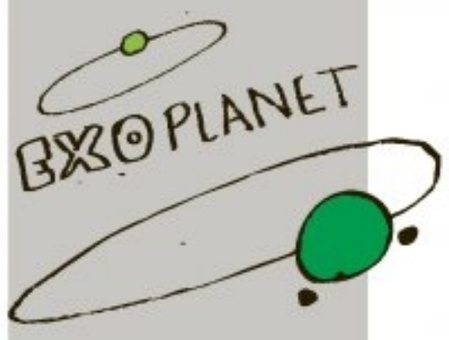
Science Question? Tweet @genna_buck

FINDINGS
Your week in science

GIANT SPACE BUBBLE
NASA's Hubble telescope has photographed a massive bubble — seven light-years across — being blown into space by a super-hot, extremely heavy star. The Bubble Nebula is 7,100 light-years away, in the constellation Cassiopeia.

ARTIFICIAL MUSCLE
Muscles; Mother Nature's miracle. They stretch by up to 70 per cent and heal themselves. Chemists at Stanford University have made a synthetic muscle that works the same way: Cut it into two stretchy slices, and the cut sides fuse back together perfectly.

SOUND SMART



DEFINITION
An exoplanet is a planet that orbits a star other than our own sun. Nearly 2,000 exoplanets in 1,200 solar systems have been confirmed by NASA.

USE IT IN A SENTENCE
"I'd like to colonize another world, like Matt Damon in The Martian. Maybe there's an **exoplanet** out there that's hospitable to life."

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at www.mymetrostore.ca

metro Your essential daily news
CHIEF OPERATING OFFICER, PRINT Sandy MacLeod
VICE PRESIDENT & EDITOR Cathrin Bradbury
EXECUTIVE VICE PRESIDENT, REGIONAL SALES Steve Shrout
MANAGING EDITOR OTTAWA Steve Rennie
ADVERTISER INQUIRIES adinfoottawa@metronews.ca
General phone 613-236-5058
FREE TO SHARE

metro WEEKEND
Your essential daily news
MOVIES MUSIC TELEVISION DIGITAL

He was born a rock star

PRINCE ROGERS NELSON CREATED A GENDER- AND GENRE-BENDING BLEND OF ROCK, FUNK AND SOUL THAT WAS ALL HIS OWN

From left: Prince performs during the halftime show at the Super Bowl in 2007; Prince at the Grammys last year; And the artist performing with Beyonce in 2004 (below).

CHRIS O'MEARA/THE ASSOCIATED PRESS; KEVORK DJANSEZIAN/GETTY IMAGES; FRANK MICELOTTA/GETTY IMAGES

OBITUARY

The legendary musical chameleon has died at age 57

Prince could play guitar like Carlos Santana or Jimi Hendrix, sing like James Brown, turn out pop melodies worthy of Motown or lay down the deepest grooves this side of Sly and the Family Stone. But no one could mistake his sound for anyone but Prince.

The dazzlingly talented and charismatic singer, songwriter, arranger and instrumentalist who died Thursday at his home drew upon the history of modern popular music and created a gender- and genre-defying blend of rock, funk and soul. With hits including 1999, Purple Rain and Little Red Corvette, Prince's records sold more than 100 million copies and earned him Grammys and an Oscar.

The Minneapolis native stood just 5 feet, 2 inches, yet made a powerful visual impact at the dawn of the MTV era, proving to be the Little Richard for the '80s, from his wispy moustache and tall pompadour to his colorful and suggestive outfits — the counterpart to the openly erotic lyrics that made him one of the most sexually daring artists of the era.

> **Few artists have influenced the sound and trajectory of popular music more distinctly, or touched quite so many people with their talent.** President Barack Obama

But his greatest legacy was as a musician, summoning original and compelling sounds at will, whether playing guitar in a flamboyant style that drew on Hendrix, switching his vocals from a nasally scream to an erotic falsetto. Among his other notable releases: Sign O' the Times, and Graffiti Bridge.

"He rewrote the rulebook, forging a synthesis of black funk and white rock that served as a blueprint for cutting-edge music in the Eighties," reads his dedication in the Rock and Roll Hall of Fame. "Prince made dance music that rocked and rock music that had a bristling, funky backbone. From the beginning, Prince and his music were androgynous, sly, sexy and provocative."

The 57-year-old superstar passed away Thursday at his home in Minneapolis. The local sheriff said deputies found Prince unresponsive in an elevator late Thursday morning, but that first responders couldn't revive him.

"I am confirming that Prince, the legendary iconic performer, has died at his home this morning at Paisley Park," his publicist, Yvette Noel-Schure, told The Associated Press.

No details about what may have caused his death have been released. Prince postponed a concert in Atlanta on April 7, saying he had fallen ill with the flu, and he apologized to fans during a make-up concert last week. An autopsy is scheduled for Friday.

Mick Jagger was among numerous musicians, actors and other public figures praising the artist, tweeting: "Prince's talent was limitless. He was one of the most unique and talented artists of the last 30 years." Madonna called him a "true visionary," while Oprah Winfrey tweeted: "Prince the doves really are crying now. Listening to your music. Remembering you."

Even President Barack Obama — for whom Prince was a White House guest last year — released a statement, saying he and his wife "joined millions of fans from around the world" in mourning Prince's sudden death.

THE ASSOCIATED PRESS

Gender politics in Game of Thrones

Colin McNeil
Metro | Toronto

For every instance of full-frontal male nudity in GoT, there are on average at least two head-to-toe naked women in seasons one to five. Yes, we counted. But while actress Emilia Clarke calls for the HBO show to "free the penis," experts Metro spoke to say creating a genital gender parity won't actually add up to much.

When it comes to male nudity, the revolution will be televised.

That is, if you think the recent rash of men stripping to the buff on the small screen is a revolution at all.

Earlier this year, a male full-frontal scene in BBC's War and Peace miniseries prompted Twitter to lose its mind and create the hashtag #WarAndPenis. The same thing happened in March when Tom Hiddleston's bare bum spawned #Hiddlesbum. Add full-frontal man-views from Outlander and Vinyl, and you can call it a trend.

So what about the granddaddy of gratuitous nudity — Game of Thrones? We don't know how much or what kind will be thrust upon us in Season 6, which premieres Sunday, but if the previous five are any indication, it'll be heavy on disrobing women and light on exposed manhood.

Last season was particularly unfriendly to women on screen. Christine Evans, University of British Columbia film studies lecturer, says the rape of Sansa and that Cersei Lannister scene (you know the one) were likely the last offensive straw for many viewers. Though, she notes, fans are likely to keep watching in spite of it all, "partially out of curiosity over what the show's next big regressive move will be."

She says the show "is in tenuous territory" when it comes to gender politics.

In a program infamous for baring it all, relatively few swords actually leave the scabbard. What we mean is, there just aren't all that many penises in GoT. In fact, for every instance of full-frontal male nudity, there are on average at least two head-to-toe naked women in seasons one to five.

Yes, we counted.

While the naked female body is often front and centre in Game of Thrones, most of those male moments were but fleeting glances. And, full disclosure, one was actually a baby.

Metro shared the findings of our highly unscientific nudity survey with Evans and University of Toronto Professor of media and education Megan Boler. They were "not even remotely" surprised.

"It doesn't surprise me at all," says Boler. "Popular culture, and really most cultures, have traded in and capitalized on images of naked women since time immemorial."

She talks about the 'male gaze' — the idea that pop culture presumes a heterosexual audience of men, and everything in it is meant to please them.

Emilia Clarke, whose character was stripped naked in one of the very first episodes, must have noticed this below the waist imbalance, too. And she has a solution. She proclaimed GoT needs to "free the penis" while appearing on the Conan O'Brien show last week.

But creating a genital gender parity won't actually add up to much, say our experts.

"Seeing a guy walking around with a huge powerful boner and smashing it into some lady's face isn't really going to help the gender politics of the show," says Evans.

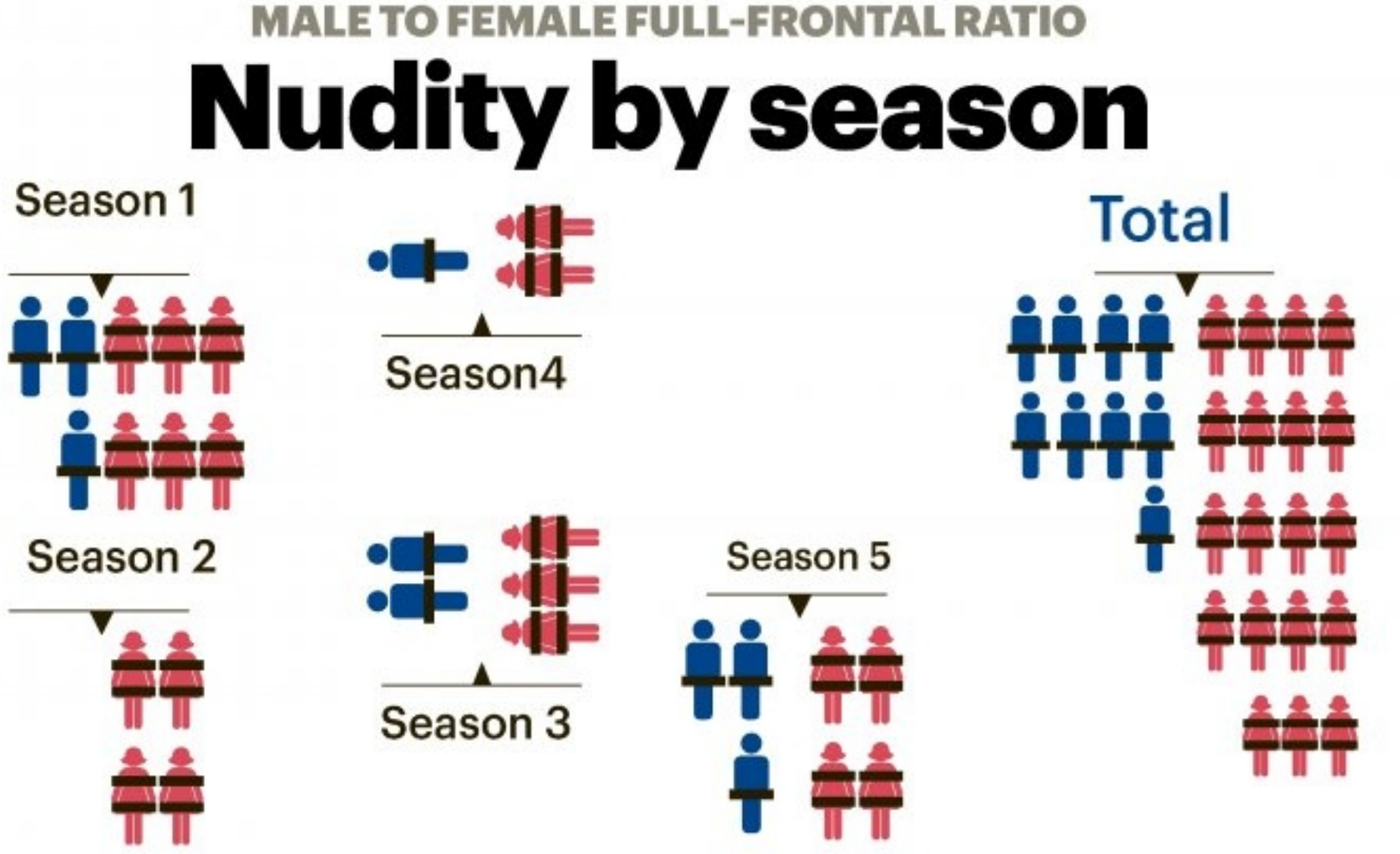
The idea of "just throw more d— in for the ladies" isn't going to work. "Context matters."

In other words — breaking news — Game of Thrones is not single-handedly toppling the patriarchy any time soon.

But Boler has hope yet. If we get to see John Snow's 'Longclaw', for example, "maybe it'll make people think 'huh, now why is this surprising me?'"

So Monday morning, while you're hovering around the online water cooler discussing GoT's latest bombshell plot twist — pause for a moment, and think of the penis.

Emilia Clarke, seen here as Daenerys Targaryen in Game of Thrones' Season 6, which premieres Sunday, has called for the show to "free the penis." COURTESY HBO/MACALL B. POLAY



The bad thing about beauty

ANALYSIS

Charlize Theron GQ gaffe out of character

Richard Crouse
For Metro Canada

In polite society no one would dare ask a stranger about his or her father's violent death, but celebrity culture is not polite society.

Over the years I've heard interviewers ask questions ranging from the innocuous — "What are you wearing?" — to the silly — "How do you keep your bum in such great shape?" — but rarely have I heard anything as unnecessarily meddling as the query aimed at Charlize Theron during a press conference I hosted several years ago.

A reporter asked the actress about seeing her mother shoot her abusive, alcoholic father dead when she was a teenager. But instead of breaking down Theron said, "I'm not talking about that," with an icy finality that made everyone freeze.

I admired her for not over sharing, not spilling the intimate details of her life. She's careful what she says to the press, avoids scandal and damage controls the ones that inevitably pop up in every celeb's life. For instance, recently she said, short and sweetly, "We both decided to separate," when accused of "ghosting" on her romance with Sean Penn.

She understands some things should only be spoken about when and where she chooses and not at the behest of an aggressive reporter looking to dredge up painful memories for the sake of "good television." Theron is media savvy so I was surprised a few weeks ago when she caused a media hurly burly with comments about the burden of being beautiful.

Chatting up her new film The Huntsman: Winter's War with British GQ she said, "How many roles are out there for the gorgeous, BLEEPINGing, gown-wearing eight-foot model? When meaty roles come through, I've been in the room and pretty people get turned away first."

> **When meaty roles come through, I've been in the room and pretty people get turned away first.**
> Charlize Theron

She is a beautiful woman, that is clear, but is she intimating that being beautiful has harmed her career?

Turns out she wasn't, or so she claims. Alleging a misquote, she later apologized, saying that playing "deconstructed characters" appeals because, "how many characters really are there out there for a woman wearing a gown? You have to play real people."

The mea culpa was unnecessary. She works in a business where beauty is a commodity.

The problem with her earlier statement is that publicly acknowledging one's own looks carries with it a hint of arrogance, a suggestion that winning the genetic lottery somehow makes you superior, but she simply said something others already have.

Keira Knightley claims she almost lost the role in Pride and Prejudice because the director thought she was too pretty and Jessica Biel says being Esquire's 2005 Sexiest Woman cost her work.

Theron may have missed out on a job or two because of her looks, but it's also an element of what made her a star.

That and talent, and just as you wouldn't apologize for skin colour or having red hair or being tall or short, she doesn't need to say sorry for being beautiful.

MOVIE RATINGS by Richard Crouse

The Huntsman: Winter's War	★
A Hologram for a King	★★
Hello, My Name is Doris	★★★
Sing Street	★★★★
The Devil's Horn	★★★★

HOW RATING WORKS	
★★★★	SEE IT
★★★	WORTHWHILE
★★	UP TO YOU
★	SKIP IT

Charlize Theron recently came under fire for complaining there's no serious roles for beautiful, gown-wearing women. CONTRIBUTED

metro TRAVEL
Your essential daily news

Baby lemurs make their debut at the Bronx Zoo

5 ISLAND EXPERIENCES TO HAVE IN ANGUILLA

This semi-posh British island just north of St. Martin has one of the highest rates of repeat visitors in the Caribbean. And for good reason: the beaches are never crowded, the food is great, and the people are warm and welcoming. The off-season from May to August is a perfect time to go.

IMAGES AND TEXT DOUG WALLACE/FOR METRO CANADA

1 Hit the water

Just staring into the turquoise water on any of Anguilla's white sand beaches will keep you busy for hours. But when you tire of relaxing, **deep-sea fishing, kite surfing, paddle boarding, kayaking and scuba diving** can easily occupy your time. An afternoon sailing from bay to bay on classic sailboat the Tradition or a power boat adventure from Funtime Charters are just two types of cruise options to seek out.

2 Buy some art

When was the last time you bought a souvenir that didn't just end up in a drawer? **Many choice craft boutiques and galleries dot the streets of The Valley and the West End.** Cheddie Richardson's studio in Cove Bay will net you arresting driftwood pieces, stone sculptures and bronze casts, all nature-inspired. And the handmade jewellery, bright ceramics and sensual mahogany carvings at the Devonish Art Gallery are equally amazing.

3 Have the lobster

Earmark Wednesday or Sunday for lunch on Scilly Cay, a tiny islet off Shoal Bay, reachable by a free, 10-minute boat ride. Here you'll find a charming and rustic (if pricey) restaurant run by Sandra and Eudoxie "Gorgeous" Wallace, who whip up **Anguilla's best rum punch, plus platters of barbecued lobster, snapper and chicken.** Spend the rest of the afternoon frolicking in the shallow waters and working on your tan.

4 Go A-list for sunset

Sunset at the Sunset Lounge couldn't be more special. People flock to this elegant waterfront bar in the Viceroy Anguilla hotel at cocktail time to see how the other half lives and to prime the night with the signature jalapeño margarita. **This Kelly Wearstler-designed resort is stunning, especially the adjacent Cobà restaurant.** You can also hit the lounge later in the evening for a nightcap and a spot of jazz.

5 Get down

Live music is very much a part of the culture in Anguilla. Locals and tourists lap up reggae, jazz and R&B bands almost every night at one of many venues scattered around the island, including the Powerhouse, Johnno's Beach Stop and the Dunes Preserve, owned by music icon Bankie Banx. Other acts to seek out include Banx's son, cricket-champ-turned-reggae-star Omari Banks, Natalie Richardson, Da Movements, True Intentions and Sproka.

SAVE THE EQUIVALENT OF THE TAX & SURCHARGES $760 per couple*
Book by April 24

Air, Hotel & Transfers (via Montreal)

Santa Clara | CUBA
Meliá Las Dunas ★★★★½
All-Inclusive • Classic rm
June 10 & 13 • 1 wk • KIDS STAY & EAT FREE²
$399
+ $385 taxes & other fees

Cayo Coco | CUBA
Meliá Jardines del Rey ★★★★★
All-Inclusive • Classic rm
June 9 & 16 • 1 wk
$789
+ $376 taxes & other fees

ONLY 3 DAYS LEFT!

AIR CANADA VACATIONS 35
Call 1 877 236-6228 or your travel agent
aircanadavacations.com
aeroplan EARN & REDEEM 1000s of Aeroplan® Miles
MELIÃ HOTELS INTERNATIONAL CUBA

All travellers - foreign and Cubans living abroad - must have a medical insurance policy when travelling to Cuba. Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on April 22, 2016, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from Ottawa - Macdonald-Cartier International Airport in Economy class and include surcharges. Non-refundable. Limited quantity and subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Offers expire at 11:59 p.m. ET on the date indicated. Flights operated by Air Canada or Air Canada rouge. For applicable terms and conditions, consult www.aircanadavacations.com. TICO registration #50013537. ■ ¹Minimum 7-night stay required. Valid for travel from May 1 and completed by October 31, 2016. ²Conditions apply. Details at aircanadavacations.com. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

NOT A TOURIST | A letter from Omar Mouallem in Tuscany

The perfect ruin

Canadians Jonathan Lawrence and Stephan Petasky are turning on tortuous roads in a rented Fiat, past central Tuscany's swooping pastures, rolling hills and tilled clay. At the end of a cypress-lined road, a 300 to 500-year-old sprawling property comes into view and Petasky, president of high-end vacation home developer Luxus, practically jumps out of the passenger seat.

"Whoa! *There's* a ruin for you," he says, staring at the dilapidated hilltop farmhouse with a half a roof and trees growing out the inside.

He estimates the former peasant property will cost €350,000 (more than half a million in Canadian dollars), but it will take another several million to turn it into something deserving of the Luxus brand. "That's where it all starts."

With Fulvio di Rosa, a renowned Italian engineer and restoration architect, Petasky recently restored Panico Padore, a super fixer-upper near Monteroni D'Arbia into a corporate retreat. Now he's looking for more.

Di Rosa and his partner soon pull up in a dusted green pickup. Di Rosa removes his sweater, knots it around his waist, and begins investigating the palatial farmhouse with a furrowed brow — first from afar, to assess the vista quality, then up close, running his fingers through massive cracks. It's nothing he can't handle.

Di Rosa's restored whole medieval hamlets, innumerable private properties and counts amongst his clients and friends Under the Tuscan Sun author Frances Mayes.

The 1997 chick-lit blockbuster didn't so much jumpstart the Italian restoration industry as set it to turbo-charge.

How many properties worth salvaging remain?

"In terms of a ruin that's authentic, has interesting architecture, has a view without problems like a 10,000 kilowatt pole?" he asks rhetorically. "Under 20 I would say."

This is one of them. Although one side has caved in, the high ceilings have great potential. There's a beautiful mix of stone and brick. A smaller separate barn that could be converted into a caretaker's suite.

Best of all, says di Rosa, "There's nothing obstructing the view. It's perfect."

Renowned restoration architect and engineer Fulvio di Rosa checks out the scene at a dilapidated, but stunning farmhouse in Italy. COURTESY OMAR MOUALLEM

‘Great American Eclipse’ booking up

ASTRONOMY

Wyoming’s hotels, campsites filling up fast

Where’s the best place to watch next year’s eclipse? If you’re thinking the grand open spaces of Wyoming, you have plenty of company.

Hotel rooms across the Cowboy State are going, going, gone, well over a year before the arrival of the first total solar eclipse to be seen from the mainland U.S. in almost four decades.

A national astronomy convention has reserved Casper’s largest hotel. International guides plan eclipse-oriented tours of the Yellowstone region. Jackson Hole is bracing for big crowds, and Native American tribes are promoting their heritage as the perfect backdrop for the rare natural event.

Last month’s total solar eclipse in Belitung, Indonesia. Hotel rooms already are going fast in Wyoming and other states for the August 2017 eclipse. THE ASSOCIATED PRESS

Tourism boosters are giddy. They’ve done little to market Wyoming as an eclipse destination, with millions already visiting Grand Teton and Yellowstone each year, and yet even campsites are being claimed more than a year before eclipse day, Aug. 21, 2017.

BEST PLACES TO WATCH

Communities from coast to coast in America are already arguing for bragging rights as the best place to watch:

- **Madras, Ore.**, claims its high-desert setting 100 miles (161 km) southeast of Portland gives the best odds for clear weather. The city plans an Oregon SolarFest, with camping, music and beer gardens.
- **North Platte**, 275 miles (443 km) west of Omaha by Interstate 80, bills itself as a safe and accessible viewing place in the Nebraska Sandhills region.
- The sun, moon and Mississippi River will meet 80 miles (128 km) south of St. Louis in **Perry County, Miss.,** local promoters say.

“What’s hot on everybody’s mind is, what’s the attendance number?” said Brook Kreder with the Casper Area Convention and Visitors Bureau.

She projects 20,000 visitors, one-third of Casper’s population. With an influx like that, many more locals might join in the profits. “We have had some people inquire about putting their personal bedrooms up on Airbnb,” she said.

Some are calling this the Great American Eclipse, because the moon’s shadow will cross Oregon, Idaho, Wyoming, Nebraska, Kansas, Missouri, Illinois, Kentucky, Tennessee, Georgia, North Carolina and South Carolina before heading out over the Atlantic.

Solar eclipses, which happen when the moon passes directly between the Earth and sun, are not rare, but they seldom happen in such easily accessible places.

A roughly 105-kilometre-wide zone, called the path of totality, will offer the best viewing as the moon’s shadow races over the Earth’s surface at more than 3,200 km/h. Stars and planets come out, and the sun’s corona glows in a perfect circle around the dark side of the moon as the effect of a sunset appears in all directions.

Depending on the location, the eclipse will be total for less than 30 seconds to as long as 2 minutes, 41 seconds.

“It gets darker and darker and darker. And what’s weird is, the temperature drops and then wildlife becomes mysteriously quiet,” amateur astronomer Lowell Lyon explains. “All of a sudden — boom! — it suddenly gets dark.” THE ASSOCIATED PRESS

Q&A

Island-hopping with a bike in scenic Canada-U.S. archipelago

For 75-year-old John Crouch, a bike ride of a thousand kilometres or more seems to be no big deal.

To celebrate his 70th birthday he cycled from Whitehorse to his home in Victoria.

Two years ago he rode for 15 days from Victoria to San Francisco.

But Crouch, author of a series of guidebooks, retains a special fondness for pedalling through the bucolic, hilly landscapes of the San Juan and Gulf Islands, a Salish Sea archipelago bisected by the Canada-U.S. border.

> **The mild Mediterranean climate means it never gets roasting hot or really cold.**
> John Crouch, on the San Juan and Gulf Islands

In his new book Cycling the Islands, to be released by Rocky Mountain Books next month, Crouch suggests 36 routes to explore on 12 islands.

What makes the San Juan and Gulf islands a good cycling destination?

The islands get much less rain than Vancouver, Victoria or Seattle. They’re fairly close to those large urban areas and relatively easy to get to: there’s good ferry service, frequent and not too expensive.

What kinds of landscapes can cyclists expect?

You get these beautiful bays and inlets. Some of them are very interesting for their solitude. Others have appealing villages or towns on them. The islands attract artisans — you find studios with pottery, jewelry, woodwork or whatever, so there’s always something interesting to visit. In the summer there are craft and food markets.

Describe your favourite rides.

Orcas is physically challenging, so it gives a great sense of satisfaction, but it’s also very visually pleasing and emotionally pleasing. Not to sound airy-fairy, but it feeds my soul.

Hornby has my favourite place on all the islands, Helliwell Provincial Park. You lock your bike up at the trailhead, walk about half an hour through a coniferous forest, then all of a sudden come out on this grassy cliff edge, with the conglomerate cliffs plunging into the ocean. You get a beautiful view down the Salish Sea, and if the weather is good you see Mount Arrowsmith in the distance and in the east the Coast Range — it’s absolutely spectacular.

Any advice for someone considering this holiday?

They are hilly, so you have to be prepared for ups and downs — and that means a certain level of fitness. Also, get a decent bike. THE CANADIAN PRESS

MIDEARTH TRAVEL

738 Bronson Ave. 613-236-5226
224-6 Hunt Club Rd. 613-236-2323
www.midearth.ca

NEW YORK CITY FUN
NYC - Washington DC - Philadelphia - Outlets
Departure: May 21 and more
3 day from $179 4 day from $229

TORONTO – NIAGARA FALLS
2-day trip, 1000 Islands Cruise, Toronto and Niagra Falls. Saturday departures
from $119

MARITIME PROVINCES
PEI - Peggy’s Cove - Halifax - Bay of Fundy
Departure: July 16, 23, 30 and Aug. 6, 13
6 day from $379 7 day from $439

QUEBEC CITY & WHALE WATCHING
Quebec City & Montreal. 2-day trip
Saturday departures
from $119

BOSTON – RHODE ISLAND
3 day trip. Saturday departures
from $179

All including Bus Transportation and Hotel Accommodation

TRAVEL MOST BEAUTIFUL, FASTEST, BEST MATCHED

SHUTTERSTOCK

Maui named world’s most beautiful island 2016

TripAdvisor has pronounced the most beautiful islands in the world for 2016, with Maui topping the international list. The winners for 2016 are split mostly between islands in Europe, the Caribbean and Asia. AFP

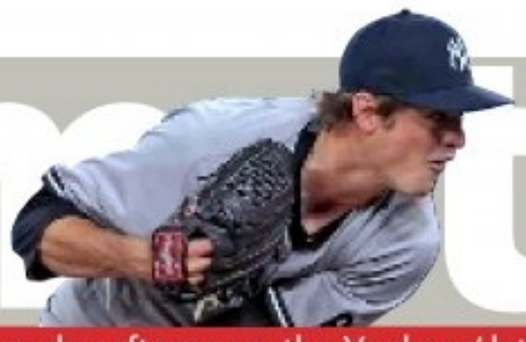
India to get first bullet train

India is getting its first bullet train, reports The Economic Times, which will link up Mumbai with Ahmedabad and include a stint below sea level. The trip between the two cities will take two hours using the new train, with a maximum speed of 350 kilometres an hour. Currently, the country’s Duronto Express links the two financial cities in around seven hours. AFP

Airbnb rolls out new system to pair hosts with guests

Airbnb has rolled out additional mobile features as part of their new “Live There” campaign, delivering personalized matches and travel tips from locals in the know. The app also asks guests for more information on their traveling style and preferences to deliver more personalized matches. AFP

metro SPORTS



As of Thursday afternoon, the Yankees' late-inning duo of Andrew Miller and Dellin Betances had combined to strike out 30 of 49 batters this year

McGregor knocks out retirement speculation

UFC

Irishman pulls no punches over promotional demands

UFC fans, rejoice. Conor McGregor is not retired.

He's even willing to resume his spot in the main event at UFC 200.

The mixed martial arts superstar is simply fed up with the gruelling promotional demands that come with being a pay-per-view star. The 27-year-old fighter known for his over-the-top personality says "I can not dance for you this time."

McGregor posted on Facebook Thursday that he needed to focus on himself and not the massive hype that accompanies his megafights.

"I have become lost in the game of promotion and forgot about the art of fighting," McGregor said in the nearly 650-word statement also posted to Twitter, instantly drawing thousands of shares, retweets and comments from fans.

"For USADA and for the UFC and my contract stipulations - I AM NOT RETIRED," McGregor said. McGregor, at times profane and critical of interviews he saw as pointless, said the "many distractions" led to errors in preparing for his last fight, specifically with cardio and weight.

McGregor has been training for a rematch against Nate Diaz at UFC 200 in July. He lost to Diaz in March, ending a 15-fight winning streak in which he surprised many fans by fighting 25 pounds above his usual weight of 145 pounds, where he holds a title belt. The rematch was set to be fought at 170 pounds.

McGregor stirred fans this week with a tweet saying he had decided to retire young.

That prompted UFC president Dana White to respond by saying McGregor had been pulled from UFC 200 because of the dispute over promotional appearances. White said McGregor was refusing to travel to Las Vegas for promotions ahead of another UFC card this weekend.

McGregor says he's still ready to fight at UFC 200.

"I'm doing what I need for me now. It is time to be selfish with my training again. It is the only way," he said. "I feel the $400 million I have generated for the company in my last three events, all inside 8 months, is enough to get me this slight leeway."

McGregor said UFC denied a request for a decreased promotional push and he wrote he would still be willing to attend a scheduled press conference in New York.

"I did not shut down all media requests. I simply wanted a slight adjustment," he said.

White would not comment until a scheduled press conference Friday in Las Vegas.

McGregor's coach, John Kavanagh, tweeted Thursday his fighter "rose again."

"Ur call now. You are the customers. What do you want? Press conferences or fights? Make some noise because we're ready to do the damn thing!" he tweeted.

THE ASSOCIATED PRESS

It is time for the other monkeys to dance. I've danced us all the way here.

Conor McGregor

L.E. BASKOW/LAS VEGAS SUN VIA THE ASSOCIATED PRESS

UFC 200

Milestone PPV's main event in flux

White said this week he was working on a new UFC 200 main event and could keep Diaz on the card.

The stacked card already included an interim featherweight championship bout between Jose Aldo and Frankie Edgar and Miesha Tate defends her bantamweight title against Amanda Nunes.

McGregor, who sits alongside Ronda Rousey as the UFC's biggest pay-per-view stars, is still the featherweight champion.

Aldo and Edgar will meet for the interim belt and the winner was scheduled to get the first shot at a unification fight against McGregor.

OBITUARY

Ex-WWE star Chyna dead at 46

Chyna, the tall, muscle-bound, raven-haired pro-wrestler who rocketed to popularity in the 1990s after taking on both women and men in the ring and later revealed her struggles with addiction on reality TV, has died, authorities said. She was 46.

Police in Southern California said they were responding to a 911 call from a friend of the former World Wrestling Entertainment wrestler when they found her dead in her Redondo Beach apartment.

She was truly a pioneer in our industry, and she will be missed.

WWE executive Stephanie McMahon

The friend had gone Wednesday to check on Chyna, whose real name is Joan Marie Laurer, after she failed to answer her phone for a few days, Redondo Beach police said in a statement.

Officials didn't immediately release a cause of death, but investigators said there were no indications of foul play. Police initially reported the death as a "possible overdose," Los Angeles County's assistant chief coroner Ed Winter said.

An autopsy was planned in the next few days, he said.

THE ASSOCIATED PRESS

1310 NEWS™
Introducing...
OTTAWA TODAY
with Mark Sutcliffe
WEEKDAYS 9am - 1pm

L.A. win on 'weird day'

MLB

Ace Kershaw escapes Atlanta with 1 earned run on 10 hits

After nicking Clayton Kershaw for 10 hits, the Braves were feeling pretty good about themselves.

Too bad for Atlanta, it was a familiar outcome.

Yasmani Grandal drove home the go-ahead run with a 10th-inning double, and the Los Angeles Dodgers pulled out a 2-1 victory over the Braves on Thursday, even though Kershaw clearly didn't have his best stuff.

Atlanta slipped to 4-11 after its second straight extra-inning loss to the Dodgers.

"We were going after it pretty good," said Drew Stubbs, who had two of the hits off Kershaw.

THURSDAY In Atlanta

2	1
DODGERS	BRAVES

"Unfortunately, we couldn't push across more than one run."

Kershaw came in with a 1.64 ERA, signalling the start of another overpowering season for the three-time NL Cy Young winner. This was a bit of a hiccup, marking only the fourth time in 246 career starts that he's given up double-figure hits, though he did give up only one run in eight innings and struck out 10.

He even unleashed a blooper pitch to Tyler Flowers in the fourth. It clocked at a mere 46 m.p.h.

"Weird day," Kershaw said. "It was a grind, for sure."

THE ASSOCIATED PRESS

Clayton Kershaw delivers on Thursday in Atlanta. JOHN AMIS/THE ASSOCIATED PRESS

IN BRIEF

M's take advantage as Allen blows it in Cleveland

Cody Allen wasted a Cleveland Indians rally.

Robinson Cano hit a three-run homer off Allen with two outs in the 10th inning, giving Seattle a 10-7 win Thursday.

Rays tag Price for 8 runs

Evan Longoria and Curt Casali homered off David Price, and the Tampa Bay Rays chased their ex-teammate in the fourth inning to beat the Boston Red Sox 12-8 on Thursday.

Suzuki burns Scherzer

Ichiro Suzuki had two hits, scored twice and made two sliding catches in right field Thursday for the Miami Marlins, who beat Max Scherzer and the Washington Nationals 5-1.

Zika a concern for Pirates, Marlins in Puerto Rico

Players from the Miami Marlins and Pittsburgh Pirates have expressed concerns about playing their two-game series next month in Puerto Rico because of the Zika virus.

Officials with MLB, the Marlins and Pirates expect the May 30-31 series to be played, they said Thursday. But the teams, MLB and players' union are continuing to discuss the series, and union head Tony Clark described the health and safety concerns as serious.

THE ASSOCIATED PRESS

PREMIER LEAGUE

Arsenal cling to top 4 with victory

Alexis Sanchez's double eased Arsenal back into third place with a 2-0 win over West Bromwich Albion on Thursday, smoothing the north London team's pursuit of Champions League qualification after consecutive draws.

Arsenal moved two points ahead of Manchester City, which was held by Newcastle on Tuesday, and four ahead of fifth-place Manchester United.

Securing a place in the top four of the English Premier League is the remaining target for manager Arsene Wenger, with Arsenal 10 points behind leader Leicester and only 12 points to play for.

THE ASSOCIATED PRESS

INJURY

Schroder a hurting Hawk

Hawks guard Dennis Schroder did not practise Thursday because of an injured left ankle and remains questionable for Game 3 of the playoffs against the Boston Celtics.

Schroder was hurt in the closing minutes of Tuesday's 89-72 win over the Celtics.

THE ASSOCIATED PRESS

NHL PLAYOFFS

Flyers' Laughton leaves the hospital

The Philadelphia Flyers say forward Scott Laughton has been released from the hospital and is doing well a day after being taken off the ice on a stretcher.

The team says he won't travel to Washington for Game 5 Friday on night and that it will provide an update in the coming days.

Laughton was hit by Washington Capitals defenceman John Carlson and crashed into the boards during the first period of Game 4 of the first-round playoff series. THE ASSOCIATED PRES

Scott Laughton THE ASSOCIATED PRESS

WATCH YOUR PROFITS GROW

Now gardeners can advertise in Metro's new Service Directory. Call Gabrielle at **613-369-5433**

metro

RECIPE Coconut Banana Pancakes

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Celebrate the end of the week with a pancake equivalent of a pina colada.

Ready in
Prep time: 10 minutes
Cook time: 20 minutes

Ingredients
- 1/2 cup spelt flour
- 1/4 cup ground almonds
- 1/4 unsweetened, shredded coconut
- 1 teaspoon baking powder
- 1/2 teaspoon cinnamon
- pinch of salt
- 2 ripe bananas
- 1/2 cup almond milk
- 1/3 cup light coconut milk
- 1 teaspoon vanilla extract
- 1 teaspoon agave nectar or maple syrup
- butter for pan

Directions

1. In a mixing bowl, combine the flour, ground almonds, coconut, cinnamon, baking powder and salt.

2. Place one banana, coconut and almond milks, vanilla and syrup in a blender and blend until smooth. Add the milk mixture to the dry ingredients and stir until combined.

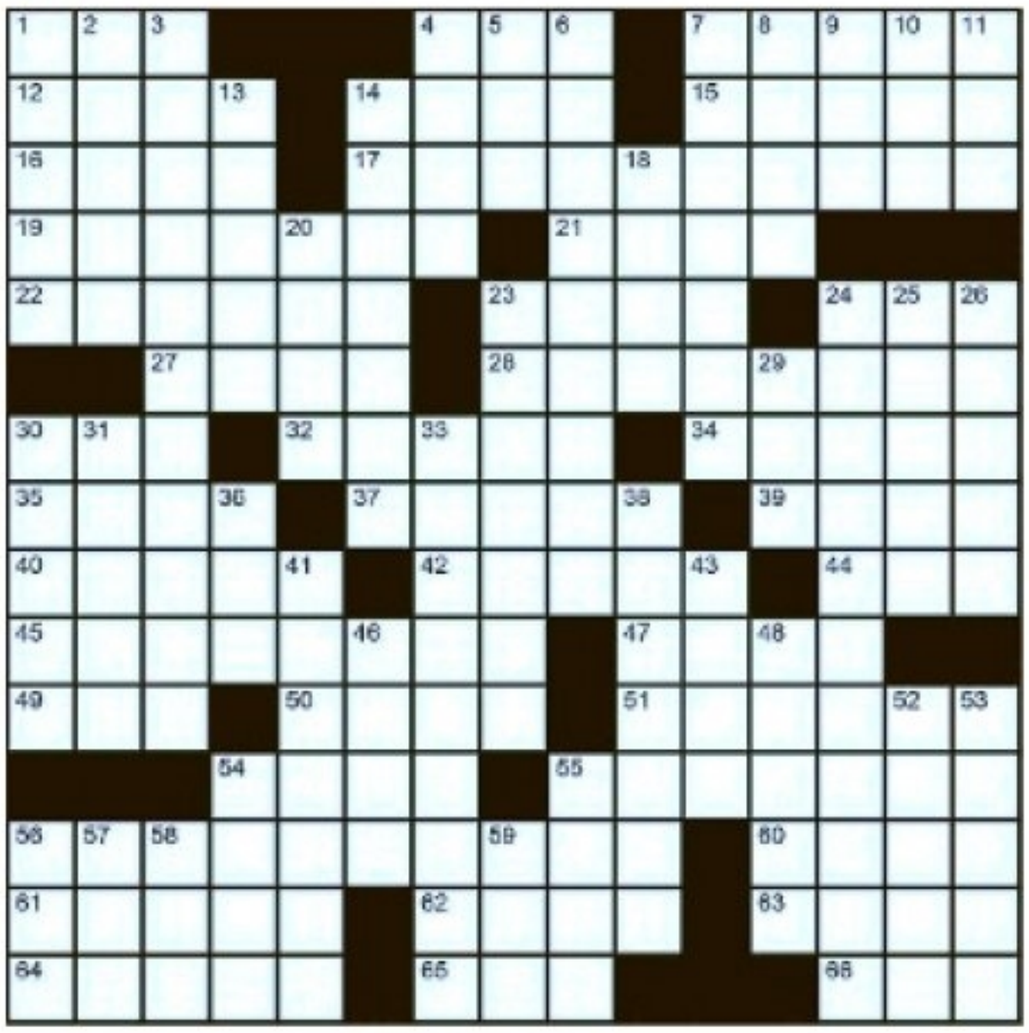
3. In a large skillet over medium heat, melt a small pat of butter and swirl it around. Then spoon the pancake mixture into the pan, allowing room for the pancakes to spread. Cook the pancakes for 2 to 3 minutes or until the mix bubble on the top. Flip the pancakes and allow to cook for another minute or two.

4. Remove the pancakes from the pan and keep warm. Top with with the other banana, sliced and serve with syrup.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Half man/half dog like John Candy's character Barf in "Spaceballs" (1987)
4. Theatrical monogram
7. Shopping __
12. Grads-to-be [abbr.]
14. Valley where David slew Goliath
15. "Bolero" composer
16. 1906-founded sports org.
17. Bosses, collectively
19. Wrapped
21. NBC host Hoda
22. "Journey to the __ of the Earth" (2008)
23. Video game maker
24. Angelina Jolie movie
27. 'Star Wars' character
28. What something cut in half consists of: 2 wds.
30. Tips, tiny-ly
32. Ms. Woodard
34. Web letter
35. Pet food brand
37. "__ for Murder" (1954)
39. AD's 'A'
40. Former
42. Farm structures
44. Bird that's a thief
45. One-of-some in the finished basement's ceiling
47. Pushers-catching cop
49. 'Ghoul' suffix
50. Hostile-to-Hobbits humanoids
51. Ryan and Tatum of "Paper Moon" (1973)
54. "__ Crazy" (1980)
55. k.d. lang album
56. 1851: __ Beaver (Canada's first postage stamp)
60. Eagles song: "__' Eyes"
61. FOX News anchor Bret
62. Village dubbed 'A Little Bit of Holland in Saskatchewan'
63. Fair
64. "Funkytown" by __, Inc.
65. Initials-sharers of John Travolta's actress wife
66. Bible: Relative of Saul

DOWN
1. Cable news network
2. Timely way to deliver theatrical lines: 2 wds.
3. Crunchy apple: 2 wds.
4. Happy
5. Shut out
6. '__ Before Serving' (Orange juice carton message)
7. Record before broadcasting
8. Farm animal
9. Rd. type
10. Bush's "Everything __"
11. Computer key
13. "...__ __ say..." = "...alas..."
14. __ green
18. Belinda Carlisle, band-style
20. Mother of Helen of Troy
23. British band, Dire __
24. Song by Canadian band Timber Timbre, quite an attraction in Arizona: 2 wds.
25. Singer Ms. Turner's autobiography: 2 wds.
26. "It must be __ __ news day."
29. Music honour, e.g.
30. Miss Longstocking
31. Poi ingredients
33. __ __ Provincial Park, in Calgary
36. Roman sun god
38. Cher, Madonna, Beyonce or Sting
41. Rampage participants
43. Crooned
46. Film set job
48. Careens
52. "The Good Earth" (1937) Oscar-winning actress Ms. Rainer
53. Sir, in Spain
54. Ooze
55. 'Tsar' suffix (Russian empresses)
56. Li'l piece of furniture to eat at
57. Yes, in Japan
58. Tear
59. Particular pol. party

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
You will seek excitement today, because you crave something different! New romance, along with new pleasures and diversions, will delight you.

Taurus April 21 - May 21
You feel restless today. Some of you will dabble in a secret love affair. Others will explore a secret business that could bring them more money in the future.

Gemini May 22 - June 21
You might make a new friend today; if so, this person will be unusual and exciting. Alternatively, some of you will be surprised at something that an existing friend might say or do. It's not a boring day!

Cancer June 22 - July 23
A surprise flirtation with your boss or someone in a position of authority might catch you off-guard today. Others will be delighted by unexpected praise or even a raise.

Leo July 24 - Aug. 23
A sudden chance to travel will drop into your lap today. However, existing travel plans might change. Whatever happens, you will expand your horizons.

Virgo Aug. 24 - Sept. 23
Gifts, goodies and favors from others will come your way today. Keep your pockets open and just say, "Thank you!" Ka-ching!

Libra Sept. 24 - Oct. 23
You might have an unexpected disruption to an existing relationship with a friend or partner. (Be careful that you don't stir the pot just because you can.)

Scorpio Oct. 24 - Nov. 22
An unexpected raise or praise from a boss might delight you today. Travel for pleasure suddenly might arise because something will please you at work.

Sagittarius Nov. 23 - Dec. 21
Romance might sweep you off your feet today, because this is a classic day for love at first sight. Others suddenly might have a chance to go on vacation. Yay!

Capricorn Dec. 22 - Jan. 20
You might buy something high-tech for your home today. You also might buy modern art. A spontaneous party might occur. Like, wow!

Aquarius Jan. 21 - Feb. 19
Surprise news or an opportunity to meet new people and see new places will make this an exciting day for you. Stay flexible and light on your feet!

Pisces
Feb. 20 - March 20
You might see new ways to earn money today. If so, you will have to act quickly, because this window of opportunity is brief. You might want to buy something.

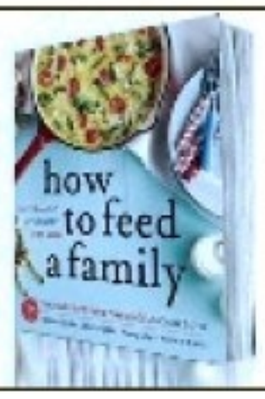
CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

3		1	5		4	6		8
		9				4		
5	6						2	3
1				7				5
			9	5	8			
6				1				2
8	3						6	9
		6				2		
9		5	3		2	8		1

©2016 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

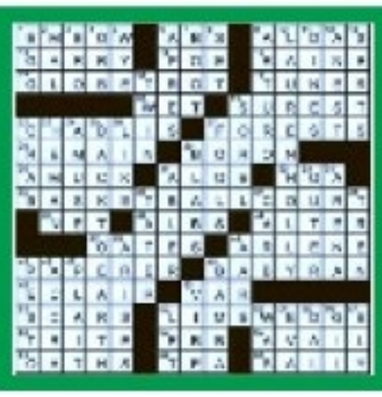
As Seen In Metro!
Shop **The Sweet Potato Chronicles** Cookbook
mymetrostore.ca shop your city



YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



7	8	1	6	5	9	3	2	4
3	5	2	4	8	1	6	7	9
4	9	6	2	7	3	5	1	8
8	2	7	3	6	4	9	5	1
6	3	4	1	9	5	7	8	2
9	1	5	7	2	8	4	3	6
1	4	9	5	3	2	8	6	7
2	7	3	8	4	6	1	9	5
5	6	8	9	1	7	2	4	3

mintoavalon.com

Now Open

VISIT OUR ALL NEW SHOW HOMES

in Avalon Encore – Minto's Premier Community in Orléans

These Show Home designs are also for sale in:

Quinn's Pointe, Barrhaven | Arcadia, Kanata

Enclave at TrailsEdge, Orléans | Potter's Key, Stittsville - coming soon!

3 more spectacular new Show Homes you can tour!

Stanley – 2,450 sq. ft.
Georgian – 2,339 sq. ft.
Kinghurst – 1,785 sq. ft.

Come visit and tour these Show Homes today.

mintoavalon.com

AVALON [encore]

Tour the Show Homes in Orléans

Call or visit our Avalon Encore Sales Centre today

SALES CENTRE:
2370 Tenth Line Road
613.854.6400
mintoavalon.com

HOURS:
Monday - Thursday: 12pm to 8pm
Friday: Closed
Weekends & Holidays: 11am to 6pm
Show Homes close 30 minutes prior to Sales Centre

*Specifications are subject to change without notice. E.&O.E.